

EDUCATION PROGRAM OFFERINGS

THE BICYCLE COALITION OF MAINE, IN PARTNERSHIP WITH THE MAINE DEPARTMENT OF TRANSPORTATION, MANAGES THE MAINE BICYCLE & PEDESTRIAN SAFETY EDUCATION PROGRAM.



Our mission is to promote safe walking and bicycling for transit, recreation, and wellness. All programs are FREE and designed to fit your schedule, space, and format.

Youth Education (Grades K-8)

- **Classroom presentations** – 30 to 50-minute interactive presentations for schools, YMCAs, scout troops, etc.
- **On-bike skills classes** – Using balance bikes, students learn and practice bike-handling skills on a simple obstacle course. Bikes and helmets provided!
- **Bike safety rodeos** – Have fun and learn safe bicycle-driving practices on a mock-traffic course!
- **Off-Road Bicycle Education (ORBE)** – Trail-riding skills and trail building.
- **Instructional rides** – During or after school, as part of a club or P.E. class, on or off of school grounds, one time or a series—you decide!



Adult Education (Grades 9-12 & Adults)

- **Presentations at high schools, workplaces, and community events** – Bike/ped safety presentations, commuter courses, etc.
- **Bicycle mechanics and maintenance sessions** – Be your own mechanic!
- **Urban cycling classes** – Develop confidence and competence while recreating or commuting alongside vehicle traffic.
- **Mountain bike clinics** – Instructor-led, on-bike courses for beginner to intermediate riders.
- **Bike Law presentations** – For law enforcement and other groups.



Make a request at mainebpse.org. For more information, visit bikemaine.org/education or contact BCM Safety Education Manager Erik daSilva at erik@bikemaine.org or (207) 200-6177.

