Dress Bright & Tight for Biking Safety

1. Watch this 3 minute video on how to dress Bright and Tight for Safety.
2. Read how to dress Bright and Tight in part 2 of Be A Safe Bike Driver.

Test your knowledge!

3. Answer TRUE or FALSE for the sentences below:
   a. I should wear light or bright-colored clothing to be seen on my bike. __________
   b. It doesn’t matter if my shoelaces are untied when I drive my bike. __________
   c. I should tuck away any strings or cords so they don’t dangle when I drive my bike. __________
   d. Headphones should always be worn while driving my bike. __________
   e. It is not a good idea to wear flip flops or sandals while driving a bike. __________
   f. Wear snug clothing while biking so nothing gets caught in the moving parts of your bike. __________
   g. Bonus TRUE or FALSE Question: When biking, always wear a bike helmet to protect your head in case of a crash. __________

4. Find the words about dressing for bicycle safety in the puzzle:

   BICYCLE  M R Q S A F E T Y V
   BRIGHT    F E O U G Q S G H I
   GLOVES  B F B N Z L H U E K
   HELMET  R L I S X Q O L L
   REFLECTIVE  I E C C X Y E V M Q
   SAFETY  G C Y R T A S P E Y
   SEEN  H T C E T I G H T S
   SHOES  T I L E D E M C H E
   SUNSCREEN  P V E N O J X E O E
   TIGHT  O E K F V R F L E N

5. Riddle: Why couldn’t the flower ride the bike?

Answer Key: (a) False, (b) False, (c) True, (d) False, (e) True, (f) True, (g) False. (g) Because it had lost its petals!