

Route Color:  
**BLUE**

**SAG Support: (207)956-1908**

# Day 5

September 12, 2019

Rockland > Belfast

**51.7 Miles**

**3,362 Vert. Ft.**

Start

**Snow Marine Park**

Rest Stop

**Rockport Marine Park  
(11.1mi)**

Lunch Stop

**Lincolnville Community Center  
(25.2mi)**

Rest Stop

**Wentworth Family Grocery  
(43.5mi)**

Finish

**Steamboat Landing**



## Points of Interest

Beech Hill Preserve (8.9) - Beech Hill features more than 300 acres of grassland bird habitat, organic blueberry production, and scenic vistas and forests. Take a mile-long hike to Beech Nut, a sod-roofed hut constructed from 1913-15 by Norwegian Hans Heisted. It's listed on the National Register of Historic Places. Get your picture taken by our en-route photographer, Elise Klysa.

Curtis Lighthouse Overlook (13.8) - Keep an eye out for the sign pointing you to soak up a spectacular view of Curtis Island and the lighthouse. The lighthouse was built in 1896 and was added to the National Register of Historic Places in 1973.

Barrett's Cove (20.9) - Dip your feet in Megunticook Lake and take in views of the western side of Mount Battie in Camden Hills State Park from across the water.

Num	Dist	Prev	Type	Note	Next
1.	0.0	0.0	📍	Start of route	0.1
2.	0.1	0.1	←	L onto Mechanic St	0.2
3.	0.3	0.2	→	R onto Main St	0.2
4.	0.5	0.2	←	L onto Thomaston St	0.2
5.	0.8	0.2	→	R onto Broadway	0.5
6.	1.3	0.5	↑	Continue straight to stay on Broadway	0.2
7.	1.5	0.2	↑	Continue straight to stay on Broadway	0.2
8.	1.8	0.2	←	L onto Talbot Ave	0.8
9.	2.6	0.8	→	R onto Old County Rd	0.2
10.	2.8	0.2	←	L onto Sherer Ln	0.5
11.	3.2	0.5	↑	Continue onto W Meadow Rd	0.1
12.	3.3	0.1	→	R onto Mountain Rd	0.7
13.	4.0	0.7	→	R onto Bog Rd	2.0
14.	6.1	2.0	→	R to stay on Bog Rd/Gurney St	0.8
15.	6.9	0.8	←	L onto Old Rockland St	0.1
16.	7.0	0.1	→	R onto Rockville St	0.1
17.	7.0	0.1	↑	Continue straight to stay on Rockville St	0.8
18.	7.8	0.8	←	L onto South St	0.8
19.	8.7	0.8	→	R onto Beech Hill Rd	1.8
20.	10.4	1.8	→	R onto US-1 S	0.1
21.	10.5	0.1	←	L toward Pascal Ave	0.0
22.	10.5	0.0	←	L onto Pascal Ave	0.5

10.5 miles. +882/-796 feet

Num	Dist	Prev	Type	Note	Next
23.	11.1	0.5	📍	Rest Stop Rockport Marine Park	0.0
24.	11.1	0.0	→	R onto Pascal St	0.1
25.	11.2	0.1	→	R onto Main St	0.0
26.	11.2	0.0	←	L onto Central St	0.1
27.	11.3	0.1	↑	Continue onto Russell Ave	0.1
28.	11.4	0.1	→	R onto Mechanic St	0.3
29.	11.6	0.3	←	L onto Spear St	0.2
30.	11.9	0.2	←	L onto Beauchamp St	0.2
31.	12.1	0.2	→	R onto Russell Ave	0.6
32.	12.7	0.6	↑	Continue onto Chestnut St	0.2
33.	12.9	0.2	→	R onto Bay View St	0.9
34.	13.8	0.9	→	R to stay on Bay View St	0.5
35.	14.3	0.5	←	L onto Limerock St	0.6
36.	14.9	0.6	←	L onto Union St	0.6
37.	15.4	0.6	→	Sharp R onto Grove St	0.3
38.	15.7	0.3	→	R onto Camden St	0.5
39.	16.2	0.5	↑	Cross Rt 1 onto John St	0.8
40.	17.0	0.8	↘	Slight L onto Mechanic St	0.2
41.	17.2	0.2	↗	Slight R to continue onto Melvin Heights Rd	0.7
42.	17.9	0.7	→	Slight R onto E Fork Rd	0.9
43.	18.9	0.9	→	R onto Molyneaux Rd	0.1
44.	19.0	0.1	↑	Continue straight to stay on Molyneaux Rd	0.4

8.5 miles. +536/-369 feet

Num	Dist	Prev	Type	Note	Next
45.	19.4	0.4	←	L onto Beaucaire Ave	1.6
46.	21.0	1.6	←	L onto ME-52 N	1.8
47.	22.8	1.8	↘	Slight L to stay on ME-52 N/ Camden Rd	1.5
48.	24.3	1.5	←	L onto ME-173 N/ME-52 N/ Main St	0.9
49.	25.2	0.9	⤴	Lunch. Turn L into the Lincolnville Community Center	0.0
50.	25.2	0.0	←	R after lunch onto ME-173 N	0.1
51.	25.3	0.1	←	L onto ME-52 N/ Belfast Rd	1.7
52.	27.0	1.7	↗	Slight R to continue on ME-52/ Belfast Rd	0.6
53.	27.6	0.6	←	L onto Greenacres Rd	0.7
54.	28.3	0.7	↑	Continue onto Greenacre Rd	1.3
55.	29.6	1.3	↑	Continue onto Lincolnville Rd	2.9
56.	32.5	2.9	→	R onto Back Belmont Rd	2.5
57.	35.0	2.5	→	R onto Northport Rd	1.0
58.	36.0	1.0	↑	Continue onto Belmont Rd	1.4
59.	37.5	1.4	←	L onto ME-52 N	0.8
60.	38.3	0.8	→	R onto Beech Hill Rd	5.1
61.	43.4	5.1	→	R onto US-1 S	0.1
62.	43.5	0.1	📍	R to the Rest Stop Wentworth Family Grocery	0.0

24.5 miles. +1451/-1442 feet

Num	Dist	Prev	Type	Note	Next
63.	43.5	0.0	←	L out of Wentworth Grocery onto US-1	0.1
64.	43.6	0.1	→	R onto Saturday Cove Road	0.0
65.	43.6	0.0	→	R to stay on Saturday Cove Road	0.3
66.	43.9	0.3	←	L onto Shore Rd	0.2
67.	44.2	0.2	↗	Slight R up hill to stay on Shore Rd	3.3
68.	47.4	3.3	↑	Continue onto George St	0.4
69.	47.8	0.4	↑	Continue onto Bayside Rd	0.7
70.	48.5	0.7	→	Slight R onto US-1 N	1.8
71.	50.3	1.8	→	Slight R to stay on Northport Ave	0.9
72.	51.2	0.9	↑	Continue onto High St	0.3
73.	51.5	0.3	→	R onto Commercial St	0.2
74.	51.7	0.2	📍	End of route	0.0

8.1 miles. +468/-607 feet

## Route Description

Today, the ride heads north up the coast from Rockland to Belfast. Early in the ride is our last professional photo spot at Beech Hill Preserve, so be sure to stop and stretch those legs while taking in some amazing views! Check out some quintessential Maine coastal sights and scents as we cross through Rockport and Camden and get a view of Curtis Lighthouse. We'll turn inland a bit to ride past Megunticook Lake and through the town of Belmont before turning east again to ride along the beautiful Shore Rd. in Northport and end the day in Belfast.

## Elevation Profile



**SAG Support: (207) 956-1908**



**BICYCLE  
COALITION  
OF MAINE**

Maine Beer Company

Do what's right.

**L.L.Bean®**