Day 3
September 10, 2019
Damariscotta > Rockland

52.5 Miles
2,947 Vert. Ft.

Start
Round Top Farm

Rest Stop
Waldoboro Public Library
(15.5mi)

Lunch Stop
Masonic Lodge, Warren
(27.8mi)

Finish
Snow Marine Park

Route Color: YELLOW

SAG Support: (207) 956-1908

Elevation Profile
Route Description

Today's ride from Damariscotta to Rockland has us pedaling northeast through Waldoboro and Thomaston, formerly the border between New England and New France. If you missed your chance to see Pemaquid Point Lighthouse yesterday, you’re in luck! Before ending in Rockland, our route goes past Owls Head Light, overlooking Penobscot Bay, and our second professional photo spot. Home to the Wabanaki Confederacy, the Penobscot area has been continuously inhabited for more than 10,000 years, and is a rich shellfishing area.

Points of Interest

Beth’s Farm Market (25) - Stop by this charming, family-run farm stand for some fresh produce or a baked treat to fuel you until the next stop.

Knox Museum at Montpelier (38.3) - Following his service as secretary of war to George Washington, Henry Knox settled at the Montpelier estate in Thomaston, ME. We’ll ride by this beautiful 1920s re-creation of the estate that Knox built for his wife and to live out his farm dreams.

Owls Head Lighthouse (48.1) - Built in 1852 and operated by the US Coast Guard, Owls Head is a quintessential Maine lighthouse overlooking the Penobscot Bay.

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