From Mountain to Sea ... Eventually

Monday
September 9, 2013

Quick Facts
- Dover-Foxcroft to Belfast
- 68.9 mi (a modified route of 63.7 mi is available)
- Small hills, punctuated by a few attention-grabbers
- 4,725 ft elevation gain

Ride Description
On to the Coast! Our route today takes us through rolling hills, farm country, and back-country Maine, until we reach Belfast on the coast of Penobscot Bay. We start south through the heart of interior central Maine, past acres of fields, farms, and horse pastures. Mostly small hills characterize today’s route, with periodic interruption by several significant climbs—and descents. We’ll ride through rural communities like Garland, Stetson, and North Dixmont on our way to Belfast. Lunch is in tiny Dixmont, and we’ll camp for the night alongside Penobscot Bay.

Rest Stop 1, Helen Stewart Memorial Park
23.1
Turn right on Old County Rd., becomes Allen Bridge Rd.
Bear left onto Allen Bridge Rd. at intersection with Loud Rd.
Turn right onto North Rd.
Turn left onto ME 7, Moosehead Trail (N. Dixmont Village)
Turn right onto Cates Rd.

Lunch Stop, Dixmont Gold Crest Snowmobile Club
40.4
Reverse route on Cates Rd. to ME 7; turn right
Junction with US 202, ME 9; stay straight (Dixmont Village)

Rest Stop 2, Brooks Town Office on right
50.3
Turn right on ME 139
Turn left on ME 203, Lang Hill Hwy.
Turn right on ME 131
Turn left onto Poors Mill Rd., then becomes Marsh Rd.
Turn right onto ME 7/137 (Short route rejoins)
Turn left onto Primrose St. then right onto High St. (no sign)
Turn left onto Main St. at traffic signal

Turn right on Front St., proceed to Belfast Boathouse, end Day 2 68.9

Stores Along Route by Mileage:
- 12.3: Garland Village Store
- 16.4: Exeter Corners Store
- 23.3: Stetson Store
- 29.2: Etna Village Variety
- 41.3: Dixmont Corner Store
- 60.8: Morrill General, Inc.

Unity Wetlands and the Work of Land Trusts
Unity Wetlands is one of the largest remaining unfragmented areas of natural land in central Maine as well as one of Maine’s most productive dairy farm areas. It offers a promising opportunity not only for conservation of freshwater and wetland fish and dragonflies and diverse wetland habitats, but also for maintaining wide-ranging upland species, from black bear to bobcat, that are becoming increasingly uncommon in more developed landscapes to the south. Throughout the six days biking you will pass areas protected by land trusts like the Sebasticook Regional Land Trust. Land trusts work with landowners to help them voluntarily protect their land for the public and future generations as both wild and working lands.

**Mileage is computed using GPS and may vary from your odometer. Verify turns by checking route markings, street names and odometer.**