You Can Get There From Here

**Mileage is computed using GPS and may vary from your odometer. Verify turns by checking route markings, street names and odometer.

Stores Along Route by Mileage:
- 5.7: Irving Circle K
- 6.6: Birmingham’s Family Mart
- 8.9: Dysart’s Travel Stop
- 19.8: Roger’s Market
- 25.5: Bradford General Store
- 49.6: Robinson Fuel Mart
- 60.2: Sebec Country Store

**Quick Facts**
- Orono to Dover-Foxcroft
- 71.1 mi
- Flat early then a series of short hills
- 3,491 ft elevation gain

**Ride Description**
The ride starts through the UMaine campus and then traverses Maine’s first official bicycle trail, connecting Orono to Old Town, home of Old Town Canoes and Kayaks for over 100 years. As you pass Old Town’s Riverfront Park on your right, look for Ton Kalle’s Schoodic Sculpture, “All Along the Watchtower.” After passing along the Penobscot River we head west on the flattest terrain of the entire ride, past Hirundo Wildlife Refuge and miles of woodlands. We’ll have lunch in Milo, the “town of three rivers.” As we approach the highlands, short hills come in waves and then, at Mile 47.6, the views open north toward Katahdin. Then it’s on to Dover-Foxcroft via Brownville over a series of hills. The final 10 miles gently flow through farmland along the Piscataquis River.

**Penobscot River Restoration Project**
The Nature Conservancy is a partner in the Penobscot River Restoration Project. When the project is complete, 11 species of native sea-run fish, including Atlantic salmon, American shad, river herring, and striped bass will have greatly improved access to nearly 1,000 miles of habitat. As the fisheries rebound, other wildlife that feed on migrating fish will thrive. Project partner Black Bear Hydro, LLC, is completing projects to increase energy generation at dams not on the main stem of the river, maintaining hydro production.

Afternoon Speaker, BikeMaine Village: Bucky Owen, UMaine Professor Emeritus and former Commissioner of MDIFW.

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**Rest Stop 1, Bradford Recreation**
- ME 155 takes 90 degree left, joins Storer Rd.
- Turn left on ME 6/16, Bennoch Rd. (LaGrange Village)
- Turn left at stop sign onto East Main St. (Milo)
- Turn left onto Riverside St.

**Rest Stop 2, Sebec Village**
- Continue straight thru ME 6/16 (Short route rejoins)
- Turn right onto unnamed road.
- Follow pavement at 90 degree left, becomes East Dover Rd.
- Turn right onto Vaughn Rd.
- Turn right onto Essex St. then immediately left on Lincoln St.
- Turn right onto North St., ME 6/16, becoming ME 153 in 0.1mi
- Turn left onto Park St.

**Lunch Stop, Milo American Legion Hall**
- ME 155 takes 90 degree left, joins Storer Rd.
- Turn left on ME 6/16, Bennoch Rd. (LaGrange Village)
- Turn left at stop sign onto East Main St. (Milo)
- Turn left onto Riverside St.

**Rest Stop**

Sunday September 8, 2013

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Mapping sponsored by The Nature Conservancy, Cartography/Design by Center for Community GIS.