Day 1  Sept. 13
60.3 miles
2,453 ft
elevation gain

start
Kittery
rest stop #1 (21 mi)
South Berwick
lunch stop (43 mi)
Kennebunk
finish
Old Orchard Beach

route marking color
ORANGE
SAG Support
207-200-7845
The Mt Agamentic to the Sea area and its Past

The Mt Agamentic to the Sea region is a 48,000-acre area in Southern Maine that includes the largest unfragmented coastal forest between Acadia National Park and the New Jersey Pine Barrens. Due to the convergence of southern and northern forest types, it is also one of the most biologically diverse places in the state of Maine, and the area with the largest number of threatened and endangered species. Three animal and twenty plant species found in the “Mt A to the Sea” project area are found nowhere else in Maine. In the 1600’s this area was heavily logged and many of the small creeks were dammed to provide power to saw and grist mills. Today, in this popular recreation area, one can enjoy breath-taking panoramic views from the Atlantic Ocean to New Hampshire’s White Mountains and explore more than 40 miles of trails. To date, over 13,500 acres have been conserved in this region.

RIDE DESCRIPTION

We set out following the Piscataqua River west, past Fort McClary, through Kittery Point and along the southern border of the state. The route winds through Eliot and the Berwicks, past the home of poet Sarah Orne Jewett, where we have our morning rest stop, and inland through Arundel. After heading east, we ride through the re-energized former mill towns of Biddeford and Saco, to the coast and our day’s destination in Maine’s summer play land, Old Orchard Beach.

BikeMaine is Proudly Supported by:

Anthem, L.L.Bean, BlueCross BlueShield

SAG Support

207-200-7845