Start: Eastport

Lunch Stop: Tide Mill Organic Farm (40.7 mi)

Finishing: Lubec

Rest Stop #1: Pembroke Library (13.1 mi)

Elevation Gain: 2,449 ft

Miles: 54.4

SAG Support: 207-200-7845

Route Color: Yellow

Discover the Bold Coast!
Cobscook Bay

Defined by its high tides, turbulent waters, and bold coastline, Cobscook Bay is a remarkably rich ecosystem, teeming with wildlife above and below the water. Tucked against the Canadian border in Downeast Maine, its cold, nutrient-laden waters, strong tidal currents, and extensive intertidal habitats create critical breeding and feeding grounds for many marine and shoreline species. Inner coves remain relatively free of ice in winter, attracting the largest congregation of bald eagles in the northeast and a quarter of Maine’s wintering black ducks.