Spring 2016

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Cover Photo: Courtesy of Coalition Business Member Summer Feet Cycling
An electrician, a lawyer, a mother. These are just a few ways we might label an individual. These labels matter; they hold merit. These labels help us define our character, our worth, and our place in the world. So what happens when an entire society decides that the labels you use to define yourself are not adequate and impose other labels upon you instead? Immigrant, asylum seeker, refugee. While these labels might accurately define people who leave their native countries to come to the United States, they do not even begin to accurately depict the 25 incredible people from eight different countries who graduated from the 2015 Bikes for New Mainers Program, three of whom define themselves as an electrician, a lawyer, and a mother.

The Bikes for New Mainers Program provided classroom and on-road training to teach safe bicycle driving on Maine roadways, similar to driver training for automobiles, to new residents of Maine and the United States. The primary goals of the program were to teach participants effective and safe bicycling skills and how to drive bicycles with confidence on public roads, and to promote bicycling for fun and good health. Program participants were required to attend three 3-hour sessions of training in one week in order to earn a refurbished bicycle, helmet, lock, lights, and a bell. Graduates were also offered the opportunity to attend an optional fourth session where they visited with Shop Manager Ainsley Judge at Portland Gear Hub to become familiar with the space, learn basic bike mechanics, and receive a $50 punch card to purchase open-bench time or parts for their bikes. Judge said fenders and baskets became wildly popular punch card purchases.

While the Bikes for New Mainers Program aimed to provide an opportunity that would make a difference in people’s lives, the real magic was the continued altruism and dedication of the program graduates. After the May 2015 session of the Bikes for New Mainers Program, program instructor Nathan Hagelin asked graduates if they would be willing to help out during the future sessions and further develop the program. Nearly every graduate replied that they were excited to continue their involvement in one way or another. No pay, no free gifts, just the satisfaction of being able to give back.

Program graduate Coco Kazadi, originally from the Democratic Republic of Congo, joined the Bikes for New Mainers Program as a volunteer assistant instructor for the July and September sessions. Coco’s involvement drastically improved the program as he offered crucial feedback to the organizers, interpreted information to participants in their primary language, and even took the lead on teaching the final classroom session. Today, Coco attends local public meetings related to transportation, is an active member of the Portland Great Maine Bike Swap Committee, and continues to be a valued advisor in developing the future of the adult earn-a-bike program.

NEW BEGINNINGS

After the conclusion of the September Bikes for New Mainers session, the program instructors, coordinators, partners, and Coco sat down to debrief. While all agreed that the spirit of the program had to continue, the group felt that it could be improved. Why were only “New Mainers” allowed to earn bikes when there were plenty of folks who had lived in Maine their entire lives and were in need of a bike? Were program graduates equipped with enough mechanical know-how to make simple fixes? How were we going to keep getting the right kind of bikes to support this program? These were just a few of the questions posed. After researching comparable adult earn-a-bike programs, drafting program budgets, holding over a half dozen meetings, and accessing the needs of the community, the group finally developed the plan for the Bikes for ALL Mainers Program.

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Last year, the Coalition launched our “Imagine Bikes Here” campaign, working with local community groups and municipal staff to build temporary pop-up street projects, or demonstration projects. Imagine Bikes Here supports hard-working local advocates who have great ideas for new bicycle infrastructure like bike lanes, sidewalk extensions, crosswalks, mini-parks, or other safe places in their community. Imagine Bikes Here helps them bring this idea to life with a temporary demonstration project.

Once we identify a good idea, we then work with the local group and town hall to install a temporary version. Each project will make use of creative materials like temporary paint, tape, cones, bollards, signs, sandbags and more to demonstrate the value of dedicated bicycle and pedestrian facilities.

Last July, Coalition staff and volunteers created the first demonstration project, a temporary six-foot wide bike lane in South Portland along Cottage Road, between Walnut and Mitchell Streets. The demonstration project was undertaken with the full support of the City of South Portland. This first Imagine Bikes Here event also included a short training for local bicycle and pedestrian advocates where they learned how to plan similar projects and work with municipal staff in their own communities.

The training was followed by the installation of new bike lanes on Cottage Road in South Portland. As part of every installation, the Coalition will be collecting feedback from the public, including both bicyclists and drivers, so we can share with local decision makers.

As we prepared for our next round of 2016 projects, we concluded that “Imagine Bikes Here” didn’t fully represent the breadth of the campaign. The program was reborn as “Imagine People Here,” a title that much more accurately reflects the bicycle AND pedestrian focus that is a key part of this campaign.

Throughout 2016, we’ll be traveling across the state building six new demonstration projects, helping people understand that good bicycling and pedestrian facilities are critical to encouraging more riding and walking around our state.

Do you have an idea for a project in your community? We invite you to submit your ideas for an Imagine People Here project at bikemaine.org/imagine.
From the President

In my second Maine Cyclist column as the new President of the Board, I want to focus on one of my favorite programs, and one of the primary reasons I support the Bicycle Coalition of Maine, the Community Spokes Program. This effort to create a statewide network of bicycle and pedestrian advocates at the local level is integral to the Coalition’s strategic goal of providing leadership and inspiring activism for effective policies, programs, and projects that have a positive impact on bicycling and walking in Maine.

Now in its fifth year, the Community Spokes Program is designed to train and support local advocates—called Spokes—so they can help their local communities to become more supportive of bicycle and pedestrian initiatives. We now have more than 108 Spokes representing 61 towns in all 16 Maine counties. Coalition staff conducts training sessions twice a year, where interested individuals learn the skills they need to become bicycle-pedestrian advocates in their communities and are given the tools to carry out this work. We have found through experience that to achieve meaningful and lasting change at the local or community level, there needs to be a local champion or advocate for better bicycling and walking. For those of you who would like to become a Spoke, you can find more information on the Community Spokes Program at bikemaine.org/action. The trainings are free to participants and are supported by the generous gifts of Coalition members.

In addition to advocating at the local level, in 2015 our Spokes helped the Coalition achieve many of our statewide advocacy goals. Our Spokes communicated regularly with their legislative representatives on bills important to cyclists and pedestrians. Many of our Spokes also attended our Bike/Ped Lobby Day at the State House and participated in our Legislative Bike/Ped Tour, helping to ensure that our representatives are aware of the importance of bicycle and pedestrian issues in their districts.

In addition, the Coalition is using BikeMaine as an opportunity to concentrate our community advocacy actions in BikeMaine’s host communities and regions. In the coming year, we will be focusing some of our local advocacy efforts on Washington County, the location of BikeMaine 2016. The Coalition is incredibly excited to work in that region as there is tremendous potential for it to become a destination for bicycle tourism. Please see Nancy’s article on the facing page for more information about these initiatives.

The Bicycle Coalition of Maine is making Maine better for bicycling and walking across the state, one community at a time. This work is made possible by our Spokes and dedicated professional staff. None of this work can be done, however, without the support of our members. Please consider making a gift to the Coalition and our Community Spokes Program so that we can make Maine the very best place it can be to bike and walk.

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Phil Coffin, Board President
Imagine people from around the world knowing about Maine because of our outstanding bicycling. Imagine people moving to Maine because bicycling is supported and an integrated part of the culture. Imagine businesses and municipalities actively attracting bicyclists of all types and supporting them in a variety of ways. That vision and corresponding goals were written into the Coalition’s Strategic Plan that was adopted last spring and are a major focus of our 2016 work.

BikeMaine, our annual week-long bike tour, is the most visible element of our strategy to increase bicycle tourism. In the last year, we have heavily marketed Maine as a cycling destination, highlighting both well-known locations as well as hidden gems. Through this work, we’ve found that one of the most compelling reasons to support bicycling, the “bicycling means business” angle, is very attractive to our partners in rural areas of the state.

This year, we plan to greatly expand our partnerships, resources, and network to support various elements of bicycle tourism. We’ll be piloting our work in Washington County, where our sold-out BikeMaine event is taking place this September. As part of these efforts, we’ll be holding one of our two Community Spokes trainings in Machias in May. We’re also adopting best practices developed by Travel Oregon, Adventure Cycling, and the League of American Bicyclists, and will be developing resources and delivering trainings that teach businesses and municipalities how to attract and support bicyclists and bicycle tourists. Our work will focus on simple steps and small investments that any business or town can make to improve the quality of the bicycle tourism experience.

Over the last two years, we have been conducting a study on the economic impact of bicycling. Much of this research has focused on bicycle tourists and bicycle events. We are continuing to define the characteristics of the average Maine bicycle tourist as well as their behavior when in the state. Our goal is to establish the significance of this tourism sector and to illustrate that devoting greater attention and resources to attracting these types of visitors will benefit Maine’s economy in a significant way. Our preliminary findings support this position, but in an effort to develop the most compelling report, we are continuing our study so we can expand our sample size and more accurately demonstrate the size and impact of the bicycle tourist population.

One of the most popular pages on our website is our “Where to Ride” page. The page is currently home to a list of links to many great rides, including routes of Maine biking events, bike club favorites, land trust suggestions, MaineDOT’s guide, and much more. While the list is long, the resource is not as useful as it could be. We have identified the improvement of an all-new interactive Where to Ride resource as a key goal for 2016. We are actively seeking funding from grantors and partners that will allow us to build an interactive and comprehensive resource to enable us to list many more rides in a more organized and useful way. Our goal is provide bicyclists from Maine and away with a simple, easy to use desktop and mobile resource that lists the most up-to-date information about the best places to ride in Maine. This tool will also allow us to increase Maine’s status as a center of bicycle tourism, develop a positive bike culture around the state, and reduce barriers to entry by helping people know “where to ride.”

As we engage in each of these three strategies, we will also incorporate metrics for measuring our success and impact so we can begin to make our vision a reality. Your support, networks, and ideas will all be instrumental in this process. Please let us know what you think.
BICYCLE COALITION PRESENTS 2015 AWARDS
The Coalition salutes these local bicycle advocates for their amazing efforts around the state.

WALK-N-ROLL BANGOR
Sally Jacobs* Community Advocate Award

This community safety advisory committee is devoted to safer walking and cycling in Bangor and its goal is to link community needs and Bangor’s resources to current and future infrastructure.

Their work focuses on physical activity, public safety, and increasing quality connections between home and schools, work and village centers. The group also serves as an ongoing liaison and advisory committee for city staff, elected officials, vested organizations, and businesses for issues relating to non-motorized transit.

ROB LAVOIE
Muddy Wheel Award

Rob is an Aroostook County native now living in Gorham with his wife Amanda, their daughter Alex, and two dogs, Otis and Amelia. He is a practicing chiropractor of 13 years and his clinic is located in Gorham. He loves being outdoors with his family, riding with friends, and building trails for everyone to enjoy.

Dr. Rob sits as chair of Gorham’s Conservation Commission. The Commission has been very active in creating a connected multi-use trail network. He also serves on the board of the Greater Portland Chapter of New England Mountain Bike Association.

JULIE DAIGLE
Harry Faust** Leadership Award

In 2013, Julie demonstrated her dedication to our mission when she traveled over 300 miles to become a Community Spoke. She joined us in Portland for our training, coming all the way from her home near Fort Kent. Julie is both a professional public health advocate – she works as the Project Director at Power of Prevention, a public health organization serving Northern Aroostook County – and a devoted resident who champions active lifestyles in her community. Julie is one of the most positive, energetic, and committed bicycle and pedestrian advocates in our network and we are incredibly grateful for all of her work in northern Aroostook County.

MAINE BEER COMPANY
Bicycle Friendly Business Award

Owned and operated by brothers David and Daniel Kleban in Freeport, Maine Beer Company has the motto “Do What’s Right,” and they make no exception when it comes to making Maine better for biking and walking. The Klebans encourage their brewery and tasting room staff to ride to work by providing showers, bike racks, and three communal bikes for running errands or borrowing on weekends.

They have ample bike parking at their brewery and tasting room for cyclists to stop in for a quick beer. As a 1% for the Planet member, Maine Beer Company became a strong supporter of the Coalition’s advocacy and encouragement initiatives in 2015.
The late Sally Jacobs was a pioneer of community bicycle advocacy in Maine. **The late Harry Faust was the second president of the Bicycle Coalition of Maine.***

Jeff Miller was the founding Executive Director of the Bicycle Coalition of Maine.

**Dave McCarthy**

Dave serves as a Bicycle Coalition of Maine Community Spokes, Chair of York Bicycle and Pedestrian Committee, is on the Executive Committee of the Maine Chapter of the Appalachian Mountain Club, and is a member of CycleYork. Dave also supports local bicycle and pedestrian education through his work in the York and Kennebunk Elementary School systems as a BPSE instructor as well as helping to organize youth bike rodeos in York. Last, but not least, Dave is also a trail steward at Mount Agamenticus, is a trail adopter in AMC Maine Woods, and conducts regular trail maintenance on the Appalachian Trail.

**Leonard Howard**

Since the spring of 2013, when Leonard contacted staff about setting up a weekly volunteer gig, he has proven himself as an invaluable member of the Coalition team. Since then, he has spent hundreds of hours volunteering for the Bicycle Coalition. Always with a smile, Leonard is happy to take on any task, large or small.

From getting safety education materials out to schools to packing BikeMaine supplies onto trucks to assembling monthly membership mailings, Leonard brings an eye for detail and a great sense of humor to the office.

**Sagadahoc County Sheriff Joel Merry & Bath Police Chief Mike Field**

Joel Merry is president of the Maine Sheriff’s Association. In addition to helping to implement enforcement of the 3-foot passing law throughout Sagadahoc County, we’re recognizing Sheriff Merry for his assistance in the community of Woolwich, collecting data on speeding that helped advocates improve a dangerous stretch of Route 1.

In addition to being a long term friend of bicycle and pedestrian initiatives, Chief Field is the president of the Maine Chiefs of Police Association and was instrumental in setting up the initial 3-foot passing enforcement program in Bath at the request of Coalition Community Spokes.

**Norway Walking School Bus Program**

The Norway Walking School Bus Program at the Guy E. Rowe Elementary School is a perfect example of how an entire community can come together to support active transportation like a walking school bus program. In addition to numerous parents and community volunteers, program coordinator Rebecca Powell has pulled together one of the most successful walking school bus programs in the state.

Around 40 students walk to school each day and many of those make the return walk home in the afternoon. We applaud the spirit of collaboration and community that make this program possible for the children of Norway.

**Leonard Howard**

Volunteer of the Year Award

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Just Do It Award for public service

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Jeff Miller*** Spirit of Cycling Award

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The Women's Ride is moving to a new location at L.L.Bean Flagship Store's Discovery Park!

Every woman, any bike, one ride. Now in its 14th year, the Bicycle Coalition of Maine's Women's Ride is a celebration of women and bicycling. The event offers a friendly, supportive atmosphere geared toward girls and women of all ages and abilities. The routes (10, 25, 50 or 62-mile options) follow quiet roads, offering beautiful views of the Maine coast and countryside. There are rest stops, healthy snacks, and support vehicles along the way as well as a party at the end of the ride!

Have you been thinking about participating in the Women’s Ride, but aren’t quite sure what to expect? We’re continuing to offer the popular “Ride Ambassador” program this year which gives new riders the option of riding with experienced Women's Ride participants. Please email info@bikemaine.org for more information about the program.

The Lobster Ride is moving to a new location at the Camden Snow Bowl!

In addition to five road routes, from a family-friendly 15 miles to an amazing century, the ride will also include guided mountain bike tours this year.

The Maine Lobster Ride follows winding, country lanes and the breathtaking rockbound coast past lighthouses, farms, and lobster boats. After recognition by Bicycling Magazine as one of the TOP TEN centuries in the country, we’re continuing to improve the ride experience for all participants.

After the ride, participants can enjoy a cold beverage at the beer garden and a lobster roll lunch (vegetarian options available). The Lobster Ride is the Coalition's largest annual fundraiser. Come ride with us and show your support!

BIKES FOR ALL MAINERS (continued from page 2)

The new Bikes for All Mainers Program is a partnership between the Bicycle Coalition of Maine, Portland Gear Hub, and MaineDOT. The program will be open to anyone 18 or older who is interested in completing the program requirements. Over the course of one month, participants will be required to attend two 3-hour bike mechanic sessions, two 3-hour bike safety and riding sessions, and volunteer four hours of their time at a pre-approved organization in order to earn a refurbished bike, helmet, lock, lights, and saddle bag kit filled with tools to make quick fixes while on the road. The program will run for six months starting in May and aims to graduate 24 people in 2016.

Using the label “New Mainer” allowed the Coalition to simplify the scope of the program. However, at the end of the day, this label fell short of the program’s mission and the community’s needs. The program will still focus its outreach efforts to members of the community who identify as new Mainers, immigrants, asylum seekers, and refugees. The hope of the Bikes for All Mainers Program is to provide bikes to those who need them most while bridging the gap between people from all backgrounds by working towards a common goal. The Coalition wants everyone in our state to feel like Maine is their home, that they belong, and that they, too, are Mainers. For more information on the Bikes for All Mainers Program, visit allmainers.mainebpse.org.
After three successful events, working with 18 different host communities, hundreds of volunteers, and thousands of riders from all over the country and the world, BikeMaine has generated over $1 million in economic impact for communities in Maine. This year BikeMaine travels to the Bold Coast, the region consisting of Washington and Hancock Counties. We strongly believe that the riding in this region rivals any other in the world and are excited to share all that is special about this part of the state.

The response so far to this region has been tremendous, not just from those riding, but also from the communities hosting us. The raw beauty of the region, the remoteness, and low traffic counts and decent road conditions make the Bold Coast region a prime cycling destination for BikeMaine 2016 and beyond.

Aside from being excited about the ride, we are excited to be working with the Washington County Council of Governments (WCCOG) to bring together key local stakeholders to leverage the energy and collaboration around BikeMaine 2016, and develop a sustainable and permanent bicycle tourism route, a route that we hope would exist well beyond this year’s BikeMaine in September.

This concept isn’t new; in Oregon these routes are called scenic bikeways. These bikeways are designed to attract cyclists and their money to more rural parts of the state. A 2014 study, The Economic Significance of Cycling on Oregon Scenic Bikeways: 2014 by Dean Runyan Associates, showed that cyclists spent approximately $12.4 million dollars in 2014 while traveling on scenic bikeways in Oregon. Our goal is that by developing this route, we can have a similar impact on the Bold Coast region and the State of Maine.

We envision cyclists coming from all over the country and the world to tour the Bold Coast Bikeway, a route that we envision looking very similar to that of our 2016 BikeMaine route. To that end, the Coalition is partnering with WCCOG to educate local businesses on what it means to be bicycle tourist friendly and the positive impact that cycling tourists can bring to their region and their businesses. If the record sell-out of BikeMaine 2016 is any indication of the interest in this region, we think the response to this route will be tremendous.

BikeMaine 2016 is sold out, but if you still want to be part of the fun, consider volunteering. Our volunteers will tell you that they work hard, but enjoy interacting with the riders and seeing our beautiful state. For more information on this year’s ride or to register, please visit ride.bikemaine.org.
The Bicycle Coalition of Maine has grown immensely in the past four years—doubling its staff, increasing its number of board members, implementing new programs, events, campaigns and initiatives, and having a much greater impact when it comes to advocacy at the state and local levels.

This growth in the organization and expansion of our ability to effect change in the state are in response to the ever-increasing demand for the Coalition’s expertise and resources—a true indicator that the people of Maine want better biking and walking in their state. The work that the Coalition does is only possible due to the generosity of our members who invest in the future of biking and walking in Maine, and we are grateful for so many members’ continued support.

In 2015, the Coalition implemented two new membership giving levels to help sustain the organization’s growth. The two new levels, the Yellow Jersey Club Podium and the Yellow Jersey Club Pro, recognize members giving annually at the $2,500 and $5,000 levels, respectively. So far, five member households and three member businesses have contributed at these levels, greatly improving the Coalition’s ability to expand its operations and programs.

The Coalition’s inaugural Yellow Jersey Club Podium members are Larry and Robin Rubinstein of Scarborough. After serving for four years as the Coalition’s board president, Larry is very passionate about the legacy he leaves at the Bicycle Coalition and the effect it has on the state of Maine. “The Coalition is not just about providing a common address for those who love to cycle. It is the statewide advocate for a healthy lifestyle that promotes cycling and walking as alternatives to motorized transport,” says Rubinstein, emphasizing that this lifestyle is better for the environment, our collective and personal health, and reduces the traffic congestion of our towns and cities.

Larry loves the way the Coalition’s BikeMaine ride promotes active transportation to experience our state. “When I ride a bike, I not only feel better and enjoy life in general, but I also contribute to the well being of my community, both directly and indirectly,” says Rubinstein.

Cynthia Sortwell, one of the Coalition’s inaugural Yellow Jersey Club Pro members, makes such a strong investment in the organization because she knows that the Coalition is working every day to protect bicyclists. She appreciates the Coalition’s vision for bringing more biking to Maine and donates “because it goes along with the Maine values of integrity, a love of the outdoors and outdoor beauty, and a slower pace in life.” That’s something we can all get behind!

To learn more about how you can make a big impact on bicycling and walking in Maine, please contact the Coalition’s Development Director Liz Hall at liz@bikemaine.org. Thank YOU for your membership to the Bicycle Coalition of Maine, and for making our work possible!
MEGHAN HENSHALL joined the Bicycle Coalition of Maine team in January as the new Event Coordinator.

The saying “you can’t get there from here” rings true for Meghan, who has followed an unconventional path to arrive at the Coalition. Months after graduating from college with a major in Gender Studies and ambitions of pursuing a Masters in Public Health, Meghan joined the Peace Corps as a Community Health Educator. Meghan served for two years in Cambodia where she used a second-hand mountain bike to travel from house to house on the dirt paths of her host village and between rice paddies to conduct her outreach work.

Although inspired and moved by the midwives and health professionals she worked with throughout her service, Meghan decided to switch gears from international women’s health and focus on experiential and outdoor education administration. In 2014 Meghan moved to Maine and began working as the Outreach & Programs Coordinator for Teens To Trails (T3) where she was able to travel all over the state promoting and supporting high school Outing Clubs.

Now a Portland resident, Meghan is thrilled to join the Bicycle Coalition team and is excited to be working to make the state a better place to bike and walk for all. As a member of the Coalition, Meghan had the pleasure of experiencing the events that make the organization so great, and is now looking forward to being on the organizing side of the Coalition’s events this year and beyond.

When not in the office or at a Coalition event, Meghan can be found playing Ultimate Frisbee and trail running or drinking coffee at one of Portland’s incredible cafes. Meghan enjoys living and working in Maine and is excited to continue her biking adventures (road and trail) all over the state.

MARYBETH LUCE recently joined the Coalition as our Office Administrator. Make sure to say hello when you see her in the office or at an event!

MaryBeth Luce is a native Mainer who grew up in western Maine and now lives in Arundel with her husband and two children. Living in rural Maine without public transportation as a child, MaryBeth relied on her bike to get her “into town” with her friends during the summer. Daily biking laid the foundation for an active and athletic life.

After high school, MaryBeth attended the University of Notre Dame in South Bend, IN, where she earned a degree in Accounting. She gained over a decade of experience in accounting and project management while working for PricewaterhouseCoopers and a start-up technology company in Connecticut. After spending nearly two years in the mountains of Colorado, she and her husband decided to move back to Maine to start a family. Until recently, MaryBeth has been raising her young family full time, volunteering for local nonprofit organizations, and serving as an elected school board member.

The Bicycle Coalition of Maine has held special meaning for MaryBeth. She completed her first century ride at the Coalition’s Maine Lobster Ride, has ridden in the Maine Women’s Ride several times, and even swapped her mountain bike for her current road bike at the Great Maine Bike Swap. MaryBeth is eager to learn much more about the Coalition and its committed staff, partners, and members.
Through our Community Spokes Program, the Bicycle Coalition of Maine trains and supports local advocates to make their towns safer and more inviting for people on bike or foot. In this issue, we shine the light on new Community Spoke Lauren Flanders of Hallowell. Lauren is a young and enthusiastic bridge designer from Hallowell, Maine, and joined us for our most recent Community Spokes training in Belfast last November. We are thrilled to grow our network to this region of the state and to add an engineer to our roster. We sat down with Lauren to ask her a few questions about how she became such a committed bicycle and pedestrian advocate and what she’s looking forward to in the future.

Lauren, why did you want to join the Community Spokes network?
I bike to work from Hallowell to Augusta every day I can and walk everywhere in town, so I’m really committed to improving conditions on the roads for bicyclists and pedestrians here. I try to educate my friends and other people I meet about acceptable car-cyclist interactions, and I am excited about the resources and support that the Coalition provides. I also have a year and a half of experience with transportation engineering in Maine, so I have a growing understanding of infrastructure, specifications, funding, policies, and other benefits and challenges. I hope to use these skills to advocate for bicycle and pedestrian infrastructure in my community.

What drives you to make your community safer and more welcoming for people on bike and foot?
I have visited other parts of the country that inspired me to work towards more efficient multimodal infrastructure. As we move towards a future without fossil fuels, I see a need to revisit the “car is king” way of thinking and work to accommodate all ranges of transportation and all ranges of people. I also find that being on foot or on a bike opens me up to talking to people I come across and makes me so much happier than traveling by car. I want to share this experience with everybody around me, and I hope to encourage people to do this by making our community safer and more accessible for all.

What are the biggest issues for biking and walking in Hallowell that you hope to address?
It is hard to pick a few big issues because infrastructure improvement never stops. I keep a list of things I’d like to tackle, and I add to it weekly. Hopefully I will start to check things off when the Water Street reconstruction happens in 2018! Our downtown is frequently busy with pedestrians, and currently it is dangerous for people who are trying to cross Water Street because they have to be well into the crosswalk for approaching motorists to see them. The Kennebec River Rail Trail intersects with Water Street on both the north and south ends of town and the interfaces aren’t ideal. There are unpaved shoulders near the north that force cyclists into the road right when cars are beginning to gain speed as they head towards Augusta.

What’s been your main approach to bringing about change for bicyclists and pedestrians there?
Longtime residents and Coalition members Maggie Warren and Dave Wood built the bones of a really solid bicycle and pedestrian committee in Hallowell. I am piggybacking on their success and legwork to bring my knowledge as an engineer and Community Spoke to Hallowell to see what else we can implement. I’m now the chair of the committee and I am excited that there are a lot of key players and people with really helpful skill sets involved on the committee. We are optimistic about making a difference!

What is the big ticket item for you and other local advocates this year?
In 2018, the state will be coming in to completely reconstruct our main downtown street – Water Street – from end to end. MaineDOT has been really great about involving the stakeholders in the process with monthly public meetings. In February, there was a public meeting to address bicycle and pedestrian concerns with the design. Hallowell has a lot of involved and concerned citizens, and they’re all diligent about showing up to meetings and asking the right questions. It seems like everybody has reached consensus about what is best for Water Street, so our job from here on out is to make sure everything continues to go as planned.

Sounds like I need to come ride my bike with you in Hallowell. Where’s the best place to go?
The Kennebec River Rail Trail is not only a great feat of engineering, it is also a fantastic place to ride your bike, so I would start there. You’re likely to see some fantastic bird life and you won’t find better views of the Kennebec River. You’ll also want to stay for a few days to eat and drink your way through town – Slates and the Liberal Cup are favorites for food and the Maine House is my favorite for cocktails and a great variety of Maine beers. You can’t go wrong going anywhere in Hallowell!
THIS STREET IS NOT COMPLETE

After wrapping up an exciting season at the State House in 2015, we’re excited to kick off 2016 with the launch of our Complete Streets Campaigns.

DEMAND COMPLETE STREETS IN YOUR COMMUNITY

We need local and state roads in Maine that are safe and inviting for everyone. Too many of our roads encourage speeding traffic and discourage children, older adults, and families from walking or biking. A local Complete Streets policy guides the community’s actions when planning, programming, designing, constructing, reconstructing, paving, retrofitting, or performing operations and maintenance activities on roads within local jurisdiction. It means that whenever transportation dollars are spent, the safety and needs of all users are considered.

So far, eight municipalities across Maine have adopted a local Complete Streets policy: Portland, Lewiston, Auburn, Windham, Fort Kent, Yarmouth, Bath, and Scarborough. In 2016 we’ll be pushing for more complete streets policies to be adopted in cities and towns across the state, and we need your help. Please add your name to the growing list of supporters of Complete Streets in Maine at bikemaine.org/action.

DEMAND THAT THE STATE BUILD COMPLETE STREETS

In June 2014, the Maine Department of Transportation (MaineDOT) adopted a Complete Streets policy. In 2016 we’ll be working hard with MaineDOT administration and staff to make sure that this policy translates into action whenever work is done on a state road.

The policy means that state road projects should not exclusively prioritize the needs of car drivers over and above the needs of those on bike and foot. We need to make sure that other MaineDOT policies are brought into compliance with Complete Streets, that MaineDOT staff get trained in Complete Streets planning and construction approaches, and that more information is shared with communities and other stakeholders about each DOT project.

We need your help! Tell us about state road projects in your city or town that you think we should monitor at bikemaine.org/action. While there, you can sign on in support of state roads that are built to balance the needs of all users.

THANK YOU PORTLAND GREEN STREETS!

The Bicycle Coalition recently received a very generous donation from Portland Green Streets (PGS), a local non-profit and grassroots effort that encouraged the use of alternate transportation in Greater Portland from 2007-2012.

Recently, the PGS board convened to dissolve the organization and, per the group’s bylaws, distribute the initiative’s remaining funds to like-minded existing groups.

The board’s unanimous choice was to share the proceeds equally between the Bicycle Coalition of Maine and Portland Trails. As Meredith Johnson, board member and previous PGS volunteer director stated, “I think these two organizations will put this money to great use!”

Thank you to Portland Green Streets for their donation. We will continue to support their mission, making our streets safer and more accessible to users of ALL types.

If you are part of a local initiative that has ceased its efforts and needs to donate remaining funds—no matter how small—we encourage you to keep the Coalition in mind!
NO DAMSELS IN DISTRESS AROUND HERE

On the third Tuesday evening of the month, litigation attorney Lauri Boxer-Macomber stands in the midst of recycled rubber tubes, four repair stands loaded with partially built bikes, and a group of eleven attentive women, trans, and femme bicyclists at Portland Gear Hub. Just a few days before, a good friend of the group had been involved in a hit and run bicycle crash on Franklin Arterial, and was left with a broken collar bone and no information on the driver who had struck her. While many of the attendees ride their bikes on a daily basis, few knew about what to do in case of a crash, how to report harassment they experience, or even the laws in place to protect them as bicyclists. Boxer-Macomber’s presentation on “Knowing Your Rights” as a bicyclist was so enlightening, empowering, and engaging that the group decided to forego their scheduled ride to learn more. This has been just one of the educational opportunities provided by the Maine Biking Belles.

The Maine Biking Belles, a group of women, trans, and femme (WTF) bicyclists in Portland, are proving that WTF bicyclists are doing it for themselves. From bike mechanics to group rides and knowledge sharing, the Biking Belles provide regular education and encouragement opportunities for WTF-identifying bicyclists in the greater Portland area. These events always aim to create safe spaces for WTF-identifying individuals to learn about bicycles and share their expertise in the biking community.

Most recently the Biking Belles hosted a Winter Biking Celebration. It was an evening for WTF-identifying folks to learn about winter bicycle riding and meet other WTF bicyclists in the community. The evening started with a go-around of everyone sharing their worst winter biking story. While that may not sound like the best introduction exercise, listening to each person share their challenges with winter riding generated an instant sense of solidarity, not to mention provided everyone with a few good laughs. The event featured a panel of year-round bicyclists including local critical mass bike organizer Kelly Arbor and League Cycling Instructor Tracie Reed*. The panel spoke to the group about their winter riding wardrobes, getting their bikes winter-ready, and winter riding tips and safety tricks.

Even though WTF bicyclists are strong, intelligent, equipped individuals with plenty of expertise to share, women and trans folks are underrepresented in leadership positions within the bicycling community. There are specific needs and motivations of WTF individuals that are not usually considered in other bike education programs. The Biking Belles want to continue to provide opportunities for WTF bicyclists to share their expertise, learn from other WTF folks, and build community.

The Maine Biking Belles hold free Wrench Nights from 6-8pm on the third Tuesday of each month at Portland Gear Hub, as well as plan monthly social events. To learn more, join the Maine Biking Belles Facebook group or email Outreach & Education Specialist Bridgette Kelly at bridgette@bikemaine.org.

*Karyn Jenkins, mechanic at Port City Bikes, was also scheduled for the panel but could not attend due to illness. Special thanks to Karyn for creating the Winter Biking Celebration poster.
The **Bicycle Coalition of Maine** is the statewide voice of cyclists and pedestrians. Since 1992, the Bicycle Coalition of Maine has led the effort to make Maine better for bicycling and walking by protecting the rights and safety of cyclists and pedestrians through improved **infrastructure, advocacy, education, encouragement**, and **enforcement**, and by developing the **reputation** of the state as a **leader** in bicycling and walking. We support biking and walking for health, transportation, and recreation.

In 2015, the Coalition adopted a new strategic plan that will shape the Coalition’s organizational direction for the next five years. The following pages outline the work that we accomplished in 2015 as we strive to meet the goals set forth in our strategic plan.
The Bicycle Coalition of Maine is committed to creating the best possible built environment to support walking and biking. In addition to providing public comments and design reviews on projects across the state in 2015, our efforts devoted to improving bicycle and pedestrian infrastructure in Maine had particularly noteworthy results in four areas.

**SHOULDER REPAVING POLICY**

In 2014, the Coalition heard from many people with concerns about road paving projects that left large, difficult-to-navigate ridges of pavement in the middle and edge of roadway shoulders. In 2015, the Coalition worked with MaineDOT to develop policies to ensure that road maintenance paving (called Light Capital Paving) would take into account the needs of bicyclists who use shoulders. This policy outlines the conditions when a shoulder must be repaved, mandates an overlay seam of no more than 1/2 inch, and provides guidance on lane and shoulder striping. We saw immediate improvement after the policy went into effect in Spring of 2015.

**ON-BIKE TRAINING FOR MAINE DOT ENGINEERS**

In the past year, the Coalition launched on-bike trainings for MaineDOT engineers, designers, and project managers to increase their understanding of the needs of bicyclists. These trainings included a review of Complete Streets principles and a guided bike ride that put the people who make the roads right there on the roads. The training was conducted on roads with normal traffic, so the engineers could experience how road design and construction decisions affect a bicyclist’s experience and safety. The goal is to help MaineDOT routinely take bicyclists’ and walkers’ needs into consideration on every road they design.

**EASTERN TRAIL GAP COMPLETION**

In 2015, the Coalition catalyzed and led the effort to complete a critical gap in the Eastern Trail in Scarborough between the Nonesuch River and Pleasant Hill Road. Coalition staff worked with MaineDOT to secure a letter of commitment for $1.5 million that has been used to leverage additional matching funding. As of this writing, $2.8 million toward the goal of $3.8 million has already been raised! Fund raising will continue during 2016, with the project completed by December 2017. Please contact us to learn how to donate!

**IMAGINE BIKES HERE**

In 2015, the Coalition launched its “Imagine Bikes Here” campaign (see article on page 3) with the goal of creating short term demonstration projects to show municipal leaders and decision makers that creating safe and comfortable bicycle infrastructure can be easy and inexpensive. The kick-off project in South Portland created two six-foot bike lanes on Cottage Road and garnered enough positive feedback that the City is budgeting for permanent installations in 2016!
In 2015, the Coalition championed better biking and walking for Mainers across the state at all levels of policy-making. At the Maine State House, we lobbied for changes that protect the rights of people who walk and bike, increase their safety, and encourage more to join their ranks. At the local level, we worked through our Community Spokes Program, a statewide network of bicycle and pedestrian advocates to bring about more welcoming and inviting conditions for those on foot or bike.

BUILDING LOCAL COMPLETE STREETS
We worked with local staff, elected officials, committee members, and other advocates to build support for the adoption of Complete Streets policies by municipal governments. Yarmouth adopted a new Complete Streets policy in 2015, as did Bath and Fort Kent. We also worked with MaineDOT to ensure that the adoption of a state-wide Complete Streets policy translated into work on projects.

LEGISLATIVE PRIORITIES
We walked the halls of the State House and weighed in at hearings and work sessions at the Transportation Committee and the Appropriations Committee to make sure that biking and walking were part of the picture in the 127th legislative session. In addition to testifying on other bills and building relationships, we focused on our two priority legislative campaigns: The Bicycle and Pedestrian Safety and Responsibility Act (LD 1301) and a Transportation Bond that Funds Pedestrian and Bicycle Infrastructure.

THE COMMUNITY SPOKES PROGRAM
We welcomed 28 new local champions into our network, which means the Community Spokes Program is now members 107 strong. These devoted volunteers win improvements for bicyclists and walkers across the state every year – they engage in fundraising and help with planning efforts for new multi-use trails; they work with town and state officials to get pedestrian crossing improvements installed; they help build trail networks; advocate for paved shoulders and bike lanes; and so much more.

ADVOCACY
Provide leadership and inspire activism for effective policies, programs, and projects that have a positive impact on bicycling and walking in Maine.
The Bicycle Coalition of Maine’s education program fields a team of professional educators to coordinate a number of statewide safety, education, and encouragement programs. This team provides a local presence in nearly every county of the state, education programming to nearly 10,000 children and adults annually, and basic technical assistance on infrastructure projects and walk/bike to school initiatives.

**SAFE ROUTES TO SCHOOL (SRTS) PROGRAM**

The SRTS program engaged 63 schools in 12 counties throughout the state to participate in scheduled Walk & Bike to School events during the school year. These events included single or multi-day events in the spring and fall seasons, plus Maine’s first-ever Winter Walk to School Day in February. The program also awarded 10 communities up to $300 of funding to catalyze their proposed biking and walking projects through the Mini-Grant Program.

**MAINE BICYCLE AND PEDESTRIAN SAFETY EDUCATION (BPSE) PROGRAM**

The BPSE program provided 463 individual presentations to kids and adults during its 2014-15 season, educating a total of 8,315 Mainers about safe biking and walking. Instruction venues ranged from classrooms to parking lots to the Department of Transportation Headquarters in Augusta. Additionally, the BPSE Program fielded 50 requests for its Bicycle Helmet Program and was able to distribute 1,657 helmets to children and adults.

**MAINE WALKING SCHOOL BUS (WSB) PROGRAM**

The WSB program enrolled two new communities in the spring of 2015: Guy E. Rowe Elementary School in Norway and Ellsworth Elementary-Middle School. They join the East End Community School in Portland in conducting daily walking school buses to school. In Fall 2015, the Maine WSB Program selected 2 more schools to join the program: Downeast School in Bangor and Albert S. Hall School in Waterville. (see article on page 28)
The Coalition is committed to encouraging more Mainers to get on their bikes! We can only be more effective in our efforts to fully integrate biking into Maine’s culture if more people are discovering and relishing the joy of bicycling in Maine. The Coalition’s encouragement initiatives provide bicyclists—new and veteran, young and old, from near and far—opportunities to enjoy Maine from atop a bicycle.

**ENdORAGEMENT**

*Encourage new bicyclists and seasoned enthusiasts through a range of traditional and innovative rides and events.*

**COALITION EVENTS**

The Coalition produces five events each year. 2015 marked the third year for our BikeMaine event. The event explored a unique course and sold out for the first time, attracting 356 riders from 35 states and three countries. The Coalition’s Great Maine Bike Swaps in April (Orono and Portland), Maine Women’s Ride in June, and Maine Lobster Ride in July also enjoyed record attendance in 2015. These events also exceeded their goals in raising funds for the Bicycle Coalition’s programs by 45%!

**PORTLAND BIKING BELLES**

In collaboration with Portland Gear Hub, the Coalition launched a program for women, transgender, and femme bicyclists in 2015 called “Portland Biking Belles.” (see article on page 26) By providing this supportive, social, and non-competitive environment, Biking Belles aims to empower more women, trans, and femme individuals to bicycle and feel confident within the greater bicycling community!

**VALET BIKE PARKING**

The Coalition’s Valet Bike Parking program was hired by three new events and grew its participation by 132% at the Beach to Beacon 10k Race and by 31% at the South Portland/Cape Elizabeth Bug Light Festival in 2015. Valet Bike Parking aims to bolster Maine’s bike culture by encouraging and motivating event goers to bicycle to their favorite community events. By providing free, quick, and convenient bike parking at popular events, Valet Bike Parking provides a desirable transportation alternative and adds value to large events that experience parking challenges.

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**BIKING by the NUMBERS**

$1 million in economic impact generated by BikeMaine in the ride’s first three years

4,500 people attended at least one of the Coalition’s major events

1,000+ quality, second-hand bikes in the hands of new owners thanks to the Great Maine Bike Swap!

177 pounds of Maine lobster eaten by Lobster Ride participants

19 mother/daughter teams taking part in the Maine Women’s Ride
The Bicycle Coalition of Maine views the development of positive, productive relationships with law enforcement officers (LEOs) as critical to improving road safety and protecting bicyclists’ rights.

**LAW ENFORCEMENT COLLABORATIVE**

To foster the relationships with the law enforcement community, we have created the Law Enforcement Collaborative, which brings together LEOs and bike riders to talk about safety, behavior, and the law. The group currently includes representatives from five police departments, two sheriff’s departments, and the Maine State Police, as well as a lawyer, a transportation planner, several bike commuters, and Coalition staff. The Collaborative met eight times in 2015 with a 90% attendance record.

**LEGISLATIVE TECHNICAL ASSISTANCE**

The Collaborative also provided technical assistance to the Coalition’s successful 2015 legislative efforts, consolidating bicycle rules to a single section of the Maine law in an effort to make it easier for law enforcement officers to ticket bicycle violations.

**LAW REFERENCE GUIDE**

Work was completed on a Law Reference Guide that provides law enforcement officers a handy reference sheet with an emphasis on priority bicycle and motorist violations and the fines associated with them. Our hope is that by providing this simple guide, we are making the process of ticketing bicycle or vehicle violations even easier and more common.

**DRIVERS EDUCATION**

We also started the process of developing bicycle and pedestrian content that can be included in driver’s education programs around the state. The Law Enforcement Collaborative will draft this content with the assistance of Coalition staff and with input from a number of driver’s education instructors and the Maine Driver Education Association (MEDEA) in a series of meetings around the state.
Having more people coming to the state to engage in biking and walking encourages Maine residents to do the same, which in turn motivates more people to participate in similar healthy activities. Increasing the number of bicyclists on the roads leads to safer bicycling for everyone. The Coalition’s efforts have focussed on teaching community and business groups that biking means business and are showing that businesses catering to bicycle and walking tourists benefit financially from this segment of the market. This evidence will also lead to increased support for infrastructure, education, and legal changes necessary to make biking and walking safer and more prevalent in the state.

**REPUTATION**

Elevate Maine’s reputation as a bicycle and pedestrian friendly state and an extraordinary bicycling and walking tourism destination.

**BIKEMAINÉ**

BikeMaine elevated the profile of Maine as a bicycling destination through its national marketing campaign in print and on social media, with a booth at the 2015 Bike Expo New York (attended by over 60,000 road cyclists), by presenting at the Bicycle Tour Network Conference in San Diego, CA, and through its collaborations with the Maine Office of Tourism and local regional tourism bureaus.

**WHERE TO RIDE**

The Coalition posted a variety of recommended places to ride on its “Where to Ride” and “BikeMaine Route Archives” web pages, making it easier for bicyclists to find on-road and off-road routes for any type of bicycle throughout the state, and published and disseminated over 10,000 copies of its Event Calendar, listing weekly club rides and special bicycling events around Maine during the biking season.

**STATEWIDE OUTREACH**

To better promote the great work being done by individuals and organizations throughout the state to improve biking and walking, the Coalition began presenting its annual awards at a live-streamed public event. The awards honoring public leaders, volunteers, advocates, and community champions are now given during the festive Bicycle Coalition of Maine “Kick Off Party” held in February each year.
The Coalition can be most effective in making Maine better for bicycling and walking if it has a clear strategic direction, a strong board of directors, capable and supported staff, engaged members, and organizational structures in place that ensure fiscal, governance, and operational efficiency and sustainability. Strong leadership is the foundation from which all our work and success develops.

**STRATEGIC PLAN**
In 2015, we completed a 16-month process of strategic planning. Our new plan, including a new mission, vision and goals, will guide our work through 2019. We also developed an annual operating plan for 2016 and a system for tracking our progress.

**MEMBERSHIP**
In 2015, the Bicycle Coalition of Maine’s membership grew by 9%, adding nearly 200 new households, bike shops, and businesses to our membership roster! The Yellow Jersey Club increased from 61 members to 72 members. We introduced two new membership giving levels, the “Yellow Jersey Club Podium” ($2,500 annual gift) and “Yellow Jersey Club Pro” ($5,000) levels, which garnered $22,500 more in donations to the Coalition’s operations, programs, campaigns, and initiatives.

**STAFF**
Our staff are our most valuable resource. In 2015, we reviewed and updated our staff personnel policies and added two new benefits (short term disability and cell phone reimbursement). We revamped our staff performance review process and integrated yearly work plans into the process. In 2015, we made two key staffing changes. Our new Accounting Manager, Dan Knowles, has developed a proactive set of accounting systems for better tracking and reporting on our various sources of revenue and expenses. We also moved Liz Hall to a full-time development position. Liz will focus on increasing membership, sponsorships, and grant funding.

**BOARD**
Under the guidance of our Governance Committee, for the first time, each board member has completed “Aspirational Goals” for their work, which outline their specific plan of work for the year. Similarly, each of the 13 Coalition committees has redefined their purpose and set goals and a timeline for their year’s work. Both of these strategies will result in more engaged and better prepared board members and ultimately make the Coalition stronger.
Spring is an exciting season for many of us. We bring our bicycles out of storage, take them to our local shop for a tune up, and are ready to get riding again. It’s the time of year when we get to renew our love of bicycling with the chilly, yet tolerable, wind at our backs and sun on our faces. We eagerly wait in line at the Great Maine Bike Swaps because the deals are unreal and we’ve decided we can fit one more bike in the garage after spring cleaning. Spring is a season symbolizing new beginnings, rebirth, and yes, of course, baseball.

The Coalition is excited to announce that it will be providing Valet Bike Parking at all home Sunday afternoon Portland Sea Dogs baseball games in 2016. Game attendees will be able to ride their bikes to Hadlock Field, drop off their bikes with Valet attendants, enjoy the game, and ride away with ease of mind. As an added bonus, all Valet Bike Parking users will receive discounted admission to that day’s game. What about those of us who don’t live in Portland? Not to worry! The Coalition has developed a Park & Pedal Map to Hadlock Field, so whether you’re coming from Windham or Machais, you too can pedal to the park. We hope to see you soon at a Sea Dogs game!

The Coalition offers Valet Bike Parking at events throughout the state in order to reduce traffic and parking congestion, eliminate carbon emissions, and provide event goers with what we believe is the best transportation option. Our Valet Bike Parking service is quick, convenient, secure, and is sure to add value to any event. Visit bikemaine.org/valet for more information on Valet Bike Parking events in 2016 and how to hire us for your next event.

ADVERTISING OPPORTUNITIES
Do you want to see your business, club, or shop advertised in the Maine Cyclist? We have great rates and packages that combine both print and digital ads. Please email marybeth@bikemaine.org for more information!
Women Who Wrench: QBP’s Women’s Mechanic Scholarship

by Ainsley Judge  Ainsley is the shop manager at Portland Gear Hub and was recently selected as one of only 16 women from around the country to take part in an exclusive United Bicycle Institute class.

The first all-female Professional Mechanics and Shop Operations class graduated from United Bicycle Institute (UBI) this year! The owners of UBI, a higher education facility that focuses exclusively on bicycle mechanics and bicycle frame-building in Ashland, OR, declared this class the “highwater mark for what all classes could be like.” Beyond providing the thorough mechanical curriculum UBI is known for, the class explored and celebrated women's roles in bike advocacy and leadership initiatives across the country.

What made this course so unique? All 16 students were women, and thanks to a line-up of bicycle industry sponsors, all of the women were there on full scholarship. The scholarship opportunity was spearheaded by Alix Magner, the Distribution Sales Manager at Quality Bike Parts (QBP), and her conversations with the school, United Bicycle Institute, and other program sponsors: SRAM, Liv - Giant, Park Tool, Rock Shox, Jagwire, Saris, Michelin Tires, Surly Bikes, Ergon, and Dero Racks. The impetus for offering an all-women’s mechanic scholarship? Despite the growing numbers of women cyclists on the trails, streets, in advocacy, and on the race course, the industry remains largely male-dominated, especially behind the service counter. The two primary goals of the scholarship were: 1. to encourage and keep talented women working in the bike industry; 2. to better serve and grow female ridership.

The scholarship began in 2014 with two recipients, grew to 10 recipients in 2015, and with 16 winners in 2016, we were able to fill an entire classroom. I had dreamed of going to UBI since I started in the bike industry about eight years ago, working and volunteering with nonprofit and for-profit shops in the Midwest. When the QBP Scholarship opened in 2014, I had the great fortune to be starting work at a new and exciting project with Camp Ketcha as the Shop Manager of the Portland Gear Hub. I applied for the scholarship twice without getting in, so when I got the call from QBP last December, I was ecstatic! Though I’ve wrenched on hundreds of bikes, I’ve often worked with frames and parts that hit the market 15-30 years ago (which is a
wonderful testament to their lasting power, not to mention affordability), and I was eager to learn about the bike technologies and innovations driving the industry today.

The program was a two-week course with classes beginning at 8am and continuing until 5 or 7pm. We covered all the repairs you might encounter in a normal service day and fully overhauled and rebuilt a road and a mountain bike. We also built wheels, bled hydraulic brakes, and overhauled a suspension fork. We learned about frame materials, tapped threads and faced bottom bracket shells, and applied torque specifications to every bolt. We worked closely with our bench partners and often discussed methods of teaching for different learning styles and collaborating with different personalities. By the end, we had honed our repair skills and developed confidence in troubleshooting and diagnosing problems.

Apart from tech-talk, we also discussed all the programs with which we were each involved. The 15 women I had the opportunity to get to know came from all over the country, hailing from shops and communities of all sizes and styles. While two of us managed non-profit bike shops, several were shop owners. Others were racers in cyclocross, BMX, or mountain, while others were coaches and mentors. Many of the women started their own women’s ride clubs and race teams to create the community they wanted to be a part of. Cassandra Habel from Madison, WI began a women’s riding club, Spoke Haven, three years ago, kickstarted by a Cyclofemme Ride on Mother’s Day. The group now boasts 60 members, hosts weekly no-drop rides, and is registered with the League of American Bicyclists. Michaela Albanese from Philadelphia began an all-women’s race team, Team Laser Cats, a few years ago to promote and help fundraise for women who want to race. The team is sponsored by shops across the city that provide kits and demo bikes for women who want to try out a new sport but don’t have the right bike. They teach maintenance clinics and mentor new racers to teach riding techniques. The enthusiasm they each have for their group and the large turn-outs they get at every ride and clinic were inspiring. I am not exactly a racer, but I do love to ride my bike. I would strongly encourage any new riders in our community to join up with an existing group or ride, or if you have a new idea, let me know!

The Women’s Mechanic Scholarship was an invigorating program that strengthened my mechanical abilities, inspired new ideas, and encouraged us all to continue advocating for bikes. Back in the Portland Gear Hub shop, I could not be more excited for the season and the year ahead. We are continuing our regular Open Bench Time and Volunteer programs, as well as monthly events with the Portland Biking Belles, a wrench and ride night for women, transgender, and femme cyclists. We will also be launching an Earn-A-Bike Program with the Bicycle Coalition of Maine this spring: Bikes for All Mainers (see article on page 2). Join us for an event or promote your own, and hopefully we can continue to increase safe and enjoyable biking opportunities here in Maine!
WALKING (SCHOOL BUS) ACROSS MAINE

Bangor & Waterville: Two New Communities Join Maine’s Walking School Bus Program

The Maine Walking School Bus (WSB) Program, a program operated by the Bicycle Coalition of Maine, is very pleased to announce that Downeast Elementary School in Bangor and Albert S. Hall School in Waterville are the latest two recipients of grants to start daily walking school bus programs in their communities. The 2-year grant will provide a stipend for a WSB program coordinator who will be based in each school and receive ongoing technical assistance from WSB Program staff.

Principal Al Mooers said, “The Downeast School is excited to be able to offer our students a safe, fun, and organized way to walk to school, and community members are eager to be a part of this program. Together we can organize and implement a Walking School Bus program which will benefit students, parents, the community, and the school.”

The statewide WSB Program is delighted to be adding schools in these two regions of Maine. Both schools recently held their WSB Program community workshops and we’re looking forward to working with school and greater community leaders to encourage more students to walk to school. Both WSB programs are due to launch in the spring.

Portland’s East End Community School is in their final quarter of grant funding, is gaining support to start two more walking routes, and is exploring options for sustaining the program going forward. Guy E. Rowe Elementary School in Norway and Ellsworth Elementary-Middle School are in their second years of funding and continued with successful programs even through the cold winter months. Guy E. Rowe even won the 2016 Bicycle Coalition of Maine Next Generation Award for their outstanding commitment to building one of the most successful WSB programs in the state.

The Maine Walking School Bus Program is funded by a grant from the Maine Center for Disease Control & Prevention and is administered by the Bicycle Coalition of Maine and the Maine Safe Routes to School Program. The program also partners with the Maine Department of Transportation. Interested communities will have another chance to apply to the program in Fall 2016. For more information please see the program’s website: walkingschoolbus.me.

BRING BICYCLE & PEDESTRIAN SAFETY EDUCATION TO YOUR SCHOOL

The Maine Safe Routes to School (SRTS, grades K-8) and Maine Bicycle and Pedestrian Safety Education (BPSE, grades 9+) Programs, which are education partnerships between the Maine Department of Transportation and the Bicycle Coalition of Maine, are currently scheduling Bicycle and Pedestrian Safety Classroom Presentations and After School Bicycle Clubs. The program can also offer technical assistance for Bike Safety Rodeos.

Students will be walking and biking more as the season unfolds, so request your safety presentation at requests.mainebpse.org. These offerings are hugely popular—the Program reached more than 10,000 kids last year—and can help keep your students safe and healthy. Dates fill quickly, so please sign up soon at mainebpse.org.
BIKING THE (B)RIGHT WAY

In late 2015, the Coalition conducted our third annual Bike Brightly campaign, engaging cyclists in a multi-faceted program that encourages safe and legal night riding by employing head and tail lights when riding after dark.

In only three months, the Coalition distributed over 1,100 lights to riders and countless more were sold at participating bike shops around the state. Over 25 community advocates and 27 law enforcement agencies also assisted with the dissemination of lights to those in need.

The Coalition also offered lights to all new and renewing members in October and November, with over 125 members taking advantage of the offer.

The Coalition is incredibly grateful for the generous support of two companies who made this campaign possible with their light donations. Hats off to Nite Ize and Downeast Bicycle Specialists!

TESTIMONIALS

“I’m so excited to have these lights in our community. I stopped one of the gentlemen who I know rides all hours of the day on his bike and I told him about this. He feels so blessed that someone cares enough to think about this as he couldn’t afford something like this for himself. Thanks again, this is a heart warming experience.”

- Barbara Rajaniemi, River Valley Healthy Communities, Rumford

“Thank you for your part in providing us with the bicycle lights. They go a long way to families in need. We had an officer go to Bethesda House Drive tonight. He passed out the lights and supporting material to parents who were extremely happy to have something extra for their kids stockings! Please pass along our sincere gratitude to the sponsors! Thank you again!

- Patrol Sergeant Anthony Clukey, Kennebunk PD

BIKE BRIGHTLY
BICYCLE COALITION OF MAINE

BIKING by the NUMBERS

1,100+ lights distributed
250 lights distributed as membership premiums
50 night riders at two Bike Brightly events
27 law enforcement agencies distributing lights
25 community advocates distributing lights locally
Saundra Neperud

Saundra and her husband recently purchased the Wiscasset Motor Lodge and are in the process of converting it to a bike and pet friendly lodging establishment.

My husband and I recently purchased the Wiscasset Motor Lodge in Midcoast Maine. With all the bicyclists traveling through the area we wanted to create a bike friendly facility. As a latch key child and former Peace Corps Volunteer, bicycles were my only form of transportation for many years, so I’m very familiar with bicyclists’ needs for repair and storage facilities. Recognizing the necessity of these resources at a bicycle friendly business, we set out to convert an old workshop into “The Bike Shack.”

We started by dividing the main room and a smaller room that we’ll keep as a workshop. This allows us to use the space for our own needs but also gives us the option to expand if we find we have enough bicyclists to warrant additional space for storage. We installed six hanging bike hooks and a keypad lock so only bicyclists will have access to the shack. Now that we had a facility for storage and repair, we needed to equip it with the essentials. Pedros very generously donated a bike repair stand and tool station. We’re also supplying Simple Green, chain lubricant, and rags.

The importance of sharing good bicycling routes with visitors is also of the utmost importance. We scoured through the hotel’s front desk to find maps of the state, region, and county. We’ve also purchased a road atlas and procured several copies of MaineDOT’s Explore Maine by Bike. Lastly, we’ve worked with a local bicyclist to create route maps of local rides starting and ending at our lodge.

Four of our rooms have been designated as bike friendly rooms where bikes can be kept in the room with the riders. We have an inflatable mattress for an extra bed in the rooms. We will allow these rooms to be reserved (by phone) for just one night instead of our regular weekend two-night minimum, since we know that cross-country bicyclists rarely stay two nights in the same place.

If this works out, there’s more we’d like to do. We would like to install a large bicycle rack in the parking area, install linoleum plank flooring in the bicycle-friendly rooms, and invest in either trundle beds or bunk beds to sleep more people comfortably. Aside from utilizing what we already own, we have invested approximately $1,000 in the Bike Shack, including $625 for alterations to the building, $115 for the punchpad doorknob, $250 for small supplies (atlas, Simple Green, chain lubricant, bike hooks) and $75 in travel costs.

But all of this can only happen if bicyclists take advantage of what we offer. We need to know there’s a way to recoup our past investments and cover future expenses.

If we build it, will you come?
We're always looking for volunteers! If you can help, please contact Meghan Henshall at meghan@bikemaine.org, call 623-4511, or sign up on our website: bikemaine.org

MANY THANKS TO OUR VOLUNTEERS!

IN OFFICE VOLUNTEERS

Julie Grant Laing
Leonard Howard
Bonnie MacInnis
Margo Mallar

Anne Mitchell
Gail Perry
Phoebe Chandler

The Coalition awarded Julie Daigle the 2015 Harry Faust Leadership Award for her work (see page 6). Julie shared this letter with us after writing it to her community partners on the night the Coalition presented the award. In it, she acknowledges the immense support she has received from community leaders in her region.

“I wanted to let you all know that I have received a statewide award from the Bicycle Coalition of Maine. The Harry Faust Leadership Award is awarded for bicycle and pedestrian leadership. The award ceremony is happening this evening in Ellsworth. I’m unable to say this tonight in person, unfortunately, but I wanted to let you know that I would have said it if I had to.

I wanted to have the opportunity to acknowledge and publicly recognize all of you, both community leaders who have worked with Power of Prevention, and with me individually, for the achievements in each of our communities.

I was very surprised to get the award, partially because I see these successes as primarily a result of the work that you have done. Whether we’ve collaborated to mobilize committees, write grants, walk trails, install signs, review draft documents, organize bike/ped safety presentations/rodeo, or support town council meeting presentations and reach out to other community members in a more informal “word of mouth” way, I want to say thank you.

Many more people have been involved with these projects, and not all are included here. I’ve picked one or two people from each of your communities as the representative “champions” for this email. Please do pass this along to whomever is appropriate in your community.

I’m sincerely grateful to all of you for the work that you do to help improve the health of our communities through bike/ped initiatives. Thanks again to all of you. I’m looking forward to working on more great projects in the future!

Julie Daigle
Project Director, Power of Prevention
A Healthy Maine Partnership / Program of Cary Medical Center

HELMET RESOURCES IN 2016

Due to budget cuts at the state level, the Bicycle and Pedestrian Safety Education Program regrets to announce that we are no longer able to provide free helmets to schools and community events. We hope that we’ll be able to secure funding in the future to reinstate this program, so please check back with us in 2017. We still encourage you to secure helmets for youth in your community. The following are a number of options you may consider in doing so:

- Placing an order with ProRider Helmets – This is the company our program purchased helmets from. We strongly recommend purchasing the 720 ProRider Bike Helmet with Turning-Ring, $6.95 each, prorider.com.
- Working with local community groups such as YMCAs, Healthy Maine Partnerships, churches, or even school fundraisers to secure funding for helmets.
- Reach out to your local bike shops to inquire about how to purchase helmets wholesale. For a limited list of local bike shops, visit the Coalition website at bikemaine.org.
- Reach out to your local bike clubs to inquire about their ability to sponsor helmets for your program. For a list of local bike clubs, visit the Coalition website at bikemaine.org.
YELLOW JERSEY CLUB MEMBERS

After ten years of incredible support from our Yellow Jersey Club, now with over 60 household members, the Coalition has implemented new established giving levels to recognize donations at the $2,500 and $5,000 levels. For more information about these new levels and their membership benefits, please visit bikemaine.org/joinrenew.

YJC PRO ($5,000+)
Jonathan Ayers Portland
Nancy Grant and Mike Boyson Portland
Fritz and Susan Onion Fund of the Maine Community Foundation Wayne
Cynthia Sortwell South Portland

YJC PODIUM ($2,500+)
Larry + Robin Rubinstein Scarborough

Yellow Jersey Club ($1,000+)
Justin and Rachael Alford Portland
Cindy Andrews + Thomas Whyte Cumberland Foreside
John Attwood + Karen Kurkjian Cape Elizabeth
David + Chris Beneman Scarborough
Bill + Marcy Black Cumberland Foreside
Lauri + Ethan Boxer-Macomber Portland
Chris + Matti Bradley Belgrade Lakes
Anne Carney and David Wennberg Cape Elizabeth
Catawamteak Fund of the Maine Community Foundation Portland
David Clement + Elizabeth Weiss Winthrop, WA
Phil Coffin + Susan Peck Portland
Paul Driscoll Falmouth
Janika Eckert + Rob Johnston Albion
Elizabeth Ehrenfeld Falmouth
Dan Emery North Yarmouth
Donald Endrizzi + Peggy Pennoyer Scarborough
Jay Evans + Martha Palmer Cape Elizabeth
Pamela Fischer + Scott Spaulding New Gloucester
Philip Gleason + Mary Schendel Cumberland
Lisa Gorman Yarmouth
Peter Granick Westbrook, MA
Ellen Grant + Kevin Carley Portland
Irwin Gross + Martha Fogler Bangor
Barbara + Peter Guffin Freeport
Heidi + Michael Hayes Pownal
Karen Herold + Mark Isaacson Cumberland
Nancy Innes Gorham
Mark + Ginger Ishkanian Moultonborough, NH
Herbert + Kathleen Janick Cape Elizabeth
Stephen + Carolyn Jenks Portland
Eileen + Gordon Johnson Bowdoin
Jeff + Liz Kase Bar Harbor
Jamie Kilbreth Portland
Brigitte + Harold Kingsbury Cape Elizabeth
Dan Kovarik Portland
Laura + David Lipman Vassalboro
Doug Malcolm Portland
Bruce + Terry Malmer Bangor
Gregg + Caroline Marston New Haven, VT
Neal + Suzanne McGinn Cape Elizabeth
Peter Millard + Emily Wesson Belfast
Bill + Beth Muldoon Harpswell
Tom Murray Falmouth
Cynthia + John Orcutt Portland
Lili Pew + Carol Bult Ellsworth
Scott + Ponee Roberts Gorham
Rick + Tori Rosu-Myles Cape Elizabeth
Jeff Saffer Cape Elizabeth
Jane Self + Ken Pote Camden
Peggy Stewart South Portland
Geoffrey + Bonnie Tolzmann Portland
Barbara + Richard Trafton Auburn
Austin Watts Bowdoin
Tina + Brent West Yarmouth
Mark + Kitty Wheeler Woolwich
Jeff + Nancy White Cape Elizabeth

Do you want to make an even bigger impact on biking and walking in Maine? Sign up as an EverCycle Yellow Jersey Club Member to give $100/month to the Bicycle Coalition of Maine.

Your continued support helps the Coalition plan for the future and continue its work to make Maine better for biking and walking. Please visit our website to sign up as an EverCycle Member today!

bikemaine.org/evercycle
2016 COALITION HOUSEHOLD MEMBERS
We greatly appreciate the support of these household members who give between $75 and $999 annually.

Leader Level ($250 - $999)

Joseph + Susan Alexander  
Will + Julie Armstrong  
Dianne Barbour  
Peter Bass + Lin Lisberger  
Margaret Bean  
Douglas Beck  
Matthew Bette  
Moe + Lorraine Bisson  
Shaun Boyle  
Deb + Jim Cavanaugh  
Camille + Ursula Chamberland  
Marc + Becky Christie  
Phil Coupe + Alexia Pappas  
Debra Coyman  
Tom Cromwell  
Sarah Cushman + Rob Levin  
Andrew + Nell Dailey  
Ted + Alison Darling  
Farahad Dastoor + Jean Macrae  
Robert Dawson + Evelyn Landry  
Doug Dolan  
Miles Epstein + Susan George  
Joel + Barbara Fishman  
Robert Garnett, Jr  
Joe Golden  
Neva Goodwin  
Andrew Goupee  
Harry Grimmnitz + Marty Soule  
Nathan + Tobin Hagelin  
Bill + Nancy Hall  
Elizabeth Hall + Nate Cresswell  
James Hettenbach  
Harrison Hines  
Shoshana Hoose  
Charlie + Cindy Jacobs  
Jane Kitchel + Peter McLaughlin  
Julie + Rob Laing  
Cathleen London  
Will Manion  
Anne + John Marshall  
Robert + Connie McChesney  
Glenn Montgomery  
Wayne + Caroline Morong  
Noah Nesin  
Gary + Cathie Nielsen  
Ben + Sandy Pearson  
Skip + Jo Pendleton  
John Poirier + Laurie McReel  
Mackin Pulsifer  
Dean + Penny Read  
Fred + Cathy Robie  
John Rubinstein  
Peter + Kerry Rubinstein  
John + Vinny Salvato  
Ben + Peggy Smith  
Jennifer Snow + David Wilby  
Steve + Michael Specker  
Wendy + Eric Suehrstedt  
Steve + Sally Swenson  
Jeffrey + Kim True  
Bruce Washburn  
Scott Wellman  
Scott + Kelly Withers  
Sarah, Rae, Kira Wolpow  
+ Stephan Bamberger

Sustainer Level ($125 - $249)

Jason Ahearn  
Brian + Sarah Allenby  
Lisa Almeder + Chris Paulu  
Warren + Heidi Alpern  
Dave + Maureen Anderson  
Julie Armstrong  
Betsy + Dan Barrett  
Julie Bayly  
Mary + Michael Booth  
Bob Bruce + Louise Rideout  
Kevin Burns  
John Bursley  
Keith + Maria Canning  
Karina + Jeff Chandler  
Bruce Church  
Jane + Emile Clavet  
Edmund Claxton, Jr.  
Samuel Coplon  
Carl Costanzi  
Roberta de Araujo  
+ Ron Kreisman  
Mark Deden  
Fred Dillon + Linda Pelletier  
Anne Douglass  
Sally Esponnette  
Tony Farmer  
Stuart Ferris  
Christina Finneran  
Peter Forbes  
Alicia + Andrew Forster  
Fred + Polly Frawley  
Jane Freeman + Darrell Wilson  
David Fuller  
Peter + Jean Ann Garrett  
Jim Geary  
Steven Goldstein  
Robert + Linda Green  
Arthur Greif + Donna Karlson  
Susie + Ted Gribbell  
Jerry + Addy Harkavy  
Charles Harrington  
Stephen Hayes + Carol McCarthy  
Sandra Hodge  
Phillip Hoose  
Nick King  
Angela King-Horne  
David + Connie Kinsman  
Stephen, Maureen, Mary, Meg  
+ Rose Kirsch  
Randy Kleinrock  
Justin + Jen Ladd  
Janette + Eric Landis  
Victor Langelo + Jeanette  
MacNeill  
Laurier Lauze  
Rob + Amanda Lavoie  
Ted + Abby Lord  
Jeff + Sally Madore  
Richard Marino  
Fred Marshall  
Nancy Marshall  
Robert + Cheryl Marvinney  
Jon + Anne McMath  
Norman + Lanita Medina  
Diane + Steve Neal  
Leonard + Merle Nelson  
Dmitry Opolinsky  
Erik + Rachel Osborn  
John Parkhurst  
Joe Pelliccia  
Mike Perry + Chris Wolfe  
Philip Peverada  
Alan Poland  
Richard Pollak  
Joseph Py  
Robert + Phyllis Rand  
Emile Richard + Rita Cantor  
Martha Riehle  
John Rudolph  
Scott + Joan Samuelson  
Phil Savignano  
Andrew Scherffius  
Peter + Lucy Bell Sellers  
Rob Sellin + Natalie West  
Elizabeth Serrage  
Steve + Peggy Shapiro  
Julia Sheridan  
+ Christopher Delvin  
David Silk  
Mike Smith  
Peter + Dawn Smith  
Justin van Soest  
John Sommo + Peggy Zwerling  
Jeffrey Starr  
Nancy Stowell-White + Bill White  
Terry Sutton + Mike Reali  
Terry DeWan  
Tim + Kathryn Tolford  
Connie + John Towne  
Maureen + Randy Townsend  
James Turner  
Kim Vandermeulen + Linda  
Young  
Richard Vermeiren  
Beth + Jack Wadsworth  
James Wallace  
Mary Weickert  
Darcy + Henry Whitemore  
Douglas + Calvin Wight  
Garth + Nancy Wilbanks  
Paul Womer + Abigail Van Doren  
Kara Wooldrick  
Kathryn Yates

For a complete list of Coalition members and for more information about membership benefits, please visit:

bikemaine.org/memberlist
Advocate Level ($75 - $124)

Harold Abbott
Stuart + Louise Abramson
Chris Allen
Reynaldo Arcoo
Thomas Archambault
Mark Arenti + Anna Louise Englund
Lisa Arsenault
Martha Arterberry + Bill Wilson
David Axelman + Ann Dorney
Ann Babbit + Debra Smith
Gail + Robert Bach
Richard Baldarelli
David + Lisa Barrett
Louisa Barnhart
Tony Barrett + Marguerite Kelly
Jeremiah Bartlett
Davis Carver
Jane + Jay Baxter
David + Susan Beattie
Gary + Jane Beckwith
Maranne Behrends
Arthur Bell
Peter + Ann Bell
Mary + John Benzier
Mary + Dean Booher
Jim Bowers
Robert Bowker
Linda Braley + George Theall
Daniel Bridgers
Trudy Briggs
Melissa Bronder
Julie Brown
Steve + Judy Brown
Cheryl + Thomas Brubaker
Allen Bruce
Judy + Michael Bruenjes
Phyllis Buchanan
David Burkey + Linda Zembsch
Sam + Sally Butcher
Chip Carpenter
John Carpenter
Bill + Polly Cocks
Hal Chamberlin
Andy Charles
Chet + Pamela Barter-Chessman
Rick Churchill
Kimberly Clarke
Emma Coffin
Chuck Cohen
Charles Colgan
David + Jo Comeau
Vern + Betsy Cook
Lynn H. Copeland
Franzis Corl
Diane Cournier
Phillip Coyne
Rob + Clare Crawford
Christine Curci
Blaine Curtis + Monica Curits
Penny Curtis
Jude Cy
Doug Dahmer
Steve Danley
Craig + Mandy Davis
Margaret De Rivera + Rufus Wanning
Cheryl + Chuck DeGrandpre
Paul DeJulis
Greg + Cheryl Diehl
Tony DiMarco
Susan Donnay
Raymond + Margaret Donovan
Barbara Douglass + Penny Deans
Linda Dowdell
Joel Downs
Eric + Rena Dunn
Juanita + James Dunn
Tim Downing
Paul Durocher
Caroline Elliot
Charles Ewing
Holly Ewing
Marc Ewing
Sarah Fagg + Tom Renckens
David + Judith Falk
Kelly Fernald + Allison Reid
David Field
Sue Flirrote + Robert Sands
Gregory + Ann Fisher
William Fisher
Brad + Jennifer Foley
Peter L. Frederick
Pete Frye
Donald George
Oren Gersten
Jim + Donna Gilbert
Starr + Michael Gilmartin
Jill Goldthwait
David + Lesley Gordon
Mary Jayne Gould
Ron Greenenberg
John + Carol Gregory
Bryan Griffin
Martin + Amy Grohman
Fiona Sorenson Hamilton + Gordon Hamilton
Lindsay + William Hancock
Tom Hanson + Beth Kubik
Eliza + George Haseltine
Don Hawkins
MaryAnn Hayes
Dean Henderson
Pam Hetherly + Jacqueline Fournier
Bill Hetzel + Jennifer Niese
Henry + Maria Heyburn
Michael Higgins
Ed Hoell
Sarah Holland
Jon + Peggy Hopkins
Mark Howard
Jeff Howe + Ann Brandt
Susan Howe
David Hughes
Douglas + Marion Huntley
Sara Huston
Carla Hutchinson
Ginger Hwalek
John Illuminati
Rick + Terri Jacques
Roy Jenkins + Cindy Roberts
Christopher Johnson
David + Suanne Johnson
Nathan Kahn
David Kanive
Bruce Kapner
Bridgette Kelly + Alex Stevens
Martin Kelly
Brandon Gillard
William + Jane Kennedy
Tyler Kidder + Andy Jones
Donald Kitchin
Julius + Mary Krevans
Lynn + Andrew Lackoff
Gene Landry
Joan + Travis Lee
Doug + Sally Leland
Emily Lepage
Thomas + Nancy Lever
Jeff Levine
Robert Levine + Vileen Taggersell
Ralph Libby
Steve Linnell
Paul Lones
Emile Lugosch
Ron + Linda Lupton
Stan + Megan MacArthur
Bruce + Arlene MacLeod
Terry MacTaggart
Rich Maelie + Nadine Bullion
Bill Marceau
Reed + Penny Markley
Steven Marriner
Eric Maxham
Paul + Lyn Mayewski
David McCarthy
Heidi + Michael McDonald
Tom + Heidi McNerney
MJ Mcsaaac + Trisha Rhodes
Marcia McKeague + Christopher Austin
Woody Mead
Judy + Phil Meyer
Jeffrey Miller + Lottie Schlegel
Bill Millis + Martha Beals
Linda Misener
Sam Mitchell
Jeff + Elaine Musich
Jason + Katie Neal
Neils Nelson
Harry Nelson
Wendy + Grosvenor Newcomb
Harry Noel
Judy + Mike Noonan
John Norris + Catherine Houlihan
Michael O'Brien
Sandra O'Connell
Kenneth Oshornig
Teresa Omatick
Daniel + Hannah Ostroy
Chris Paulu + Lisa Almeder
Paul Pelletier + Essex Hammel
Ellen + Chuck Peters
Lloyd Poland
Glen Porter
Michael Povich
Charles Putnam
Jerry Quinan
Ann Reardon + Joshua Sherwin
Matthew + Janel Redman
Kathryn Reid + Hugh Tozer
Sharon Renk-Greenlaw
Paul Robie + Karen Young
Doug Robinson + Tony Leuteman
Philip Caron
Daniel Rooney
Cathy + Michael Rowell
Valerie Roy
John Rumpf
Carolyn + Steve Sanders
Tristan Schneiter
J. Clayton Schroeder
Crystal Shamas-Douglas
Greg Sheldon
Brett + Sara Shifrin
Kevin Shuttle
Ann + David Simmons
Noreen Skoolicas
Jeff + Sara Sloan
Linda + Rick Smith
Patricia Smith
Lucy Sommo + Jean Geslin
Bob Shields
Mike Spellman
Adele St. Pierre + Ronald St.Pierre
Cathleen Staehli
Cathy Stankard
Ron Staschak + Denise Anderson
Gary Stern
Russ Stogdell
Leslie Swartz
Geoffrey Swfft
Mary Ellen Tetreau
Benjamin Thompson
William Thompson
Peter Toocy + Samantha Armstrong
Deb Bowker
Jane Towne
Chris Toy
Robert Troccoli
Norman Twaddell
Joas Hochstetter
Dick + Lynn Vermaelen
Mitc + Heather Wackisman
Edward Walworth
Mary + David Warner
Eric Watkins
Jennifer Wayland
Waynefette School's
2nd & 3rd grades
Donald Weaver
Bill + Molly Webster
Holly + Kate Weidner
Eric + Tracy Weinrich
Ellen Wells + Mark McAfee
Betty + Marty Welt
Jeff + Joyce Welt
Robert Wexler
Beth White + Margaret Clancy
Stacey + Lesley Whittington
Dennis + Linda Williks
John Williams + Nancy Beardsley
Adrienne Wilson
Kim Wilson
David Witherill
Dave Wood + Maggie Warren
William Wood
Merrie + Charles Woodward
Valerie Yates
Robin Zinchuk
**MEMBER BUSINESSES**

These businesses support the Bicycle Coalition of Maine’s work with their annual memberships. Please thank them for their support of the Coalition.

**Yellow Jersey Club PRO ($5,000+)**
- L.L.Bean
  - Freeport 552-6038
- IDEXX
  - Westbrook (800) 548-6733

**Yellow Jersey Club PODIUM ($2,500+)**
- Maine Beer Company
  - Freeport 221-5711

**Yellow Jersey Club ($1,000+)**
- Bangor Savings Bank
  - Bangor (877) 226-4671
- The Dempsey Challenge
  - Lewiston 795-5546
- Green Clean Maine
  - Portland 221-6600
- Maine Bay Canvas
  - Portland 878-8888
- Nite Ize
  - Boulder, CO 800-678-6483

**Business Members ($250 - $999)**
- Alta Planning + Design
  - Portland, OR (888) 456-0470
- Atayne
  - Brunswick 888-456-0470
- Bay Wrap
  - Augusta 620-9727
- Body Symmetry
  - Brunswick 729-1122
- Cianbro
  - Pittsfield 487-3311
- Cloutier, Conley & Duffett PA
  - Portland 747-1752
- Dextrous Creative LLC
  - Portland 409-0459
- Downeast Bicycle Specialists
  - Fryeburg 935-4242
- John Dargis Associates
  - Bar Harbor 288-5659
- Kelly, Remmel & Zimmerman
  - Portland 775-1020
- Kettle Cove Enterprises
  - Cape Elizabeth 767-1754
- Little Dog Coffee Shop
  - Brunswick 721-9500
- New England Mobile Showers
  - Portland 200-8024
- Pine State Trading Company
  - Gardiner 800-873-3825
- Planet Bike
  - Madison, WI 608-256-8510
- Rand Dentistry
  - Brewer, 989-0819
- Summer Feet Maine Coast Cycling Adventures
  - Portland 232-9415

**Yellow Jersey Club* (Member of the Yellow Jersey Club)
- Allspeed Cyclery
  - Portland 878-8741
- Auclair Cycle & Ski
  - Augusta 623-4351
- Bar Harbor Bicycle Shop
  - Bar Harbor 288-3886
- Bath Cycle & Ski
  - Woolwich 442-7002
- Busy Town Bikes
  - Lewiston 241-3233
- Center Street Cycles
  - Brunswick 729-5309
- Chase Cyclery
  - Andover 392-3732
- CycleMania*
  - Portland 774-2933
- Ernie’s Cycle Shop
  - Westbrook 854-4090
- Frame and Wheel, Inc.
  - Cape Elizabeth 221-5151
- Freeman’s Bicycle Service
  - Portland 347-1577
- Freeport Ski & Bike
  - Freeport 865-0523
- Goodrich’s Cycle Shop
  - Sanford 324-1381
- Gorham Bike & Ski
  - Brunswick 725-1100
- Green Machine Bike Shop
  - Norwalk 739-2324
- Harpoon Bike
  - Orono 800-656-3525
- Slipping Gears Cycling
  - Bangor 307-7403
- South West Cycle
  - Southwest Harbor 244-5856
- Unity Bike Shop
  - Unity 948-4800
- Wildfire Human Powered Vehicles
  - Arundel 423-7360

**PARTNER ORGANIZATIONS**

- Adventure Cycling Association
- Alliance for Biking and Walking
- Association of Pedestrian and Bicycle Professionals
- Bicycle Tour Network
- East Coast Greenway
- Eastern Trail
- Friends of Acadia
- League of American Bicyclists
- Maine Association of Nonprofits
- Maine Better Transportation Association
- Maine Public Health Association
- Maine Tourism Association
- Portland Trails
- Rails to Trails Conservancy

**MEMBER BIKE SHOPS**

These bike shops support our work with annual memberships. Please thank them for their support of the Coalition when you’re in their shop.

- Allspeed Cyclery
  - Portland 878-8741
- Auclair Cycle & Ski
  - Augusta 623-4351
- Bar Harbor Bicycle Shop*
  - Bar Harbor 288-3886
- Bath Cycle & Ski
  - Woolwich 442-7002
- Busy Town Bikes
  - Lewiston 241-3323
- Center Street Cycles
  - Brunswick 729-5309
- Chase Cyclery
  - Andover 392-3732
- CycleMania*
  - Portland 774-2933
- Ernie’s Cycle Shop
  - Westbrook 854-4090
- Frame and Wheel, Inc.
  - Cape Elizabeth 221-5151
- Freeman’s Bicycle Service
  - Portland 347-1577
- Freeport Ski & Bike
  - Freeport 865-0523
- Goodrich’s Cycle Shop
  - Sanford 324-1381
- Gorham Bike & Ski
  - Brunswick 725-1100
- Green Machine Bike Shop
  - Norwalk 739-2324
- Harpoon Bike
  - Orono 800-656-3525
- Slipping Gears Cycling
  - Bangor 307-7403
- South West Cycle
  - Southwest Harbor 244-5856
- Unity Bike Shop
  - Unity 948-4800
- Wildfire Human Powered Vehicles
  - Arundel 423-7360

**MEMBER BIKE CLUBS**

These clubs support the Bicycle Coalition of Maine’s work with annual memberships of $100 or more.

- Belfast Bicycle Club
  - Belfast | belfastbicycleclub.org
- Bike MDI
  - Bar Harbor | bikemdi.org
- Casco Bay Bicycle Club
  - Portland | cascoabaycycling.org
- Community Cycling Club of Portland
  - Portland | BikeCCP.org
- Kennebunkport Bicycle Co.
  - Kennebunkport 385-4382
- Kingdom Bikes
  - Blue Hill 374-3230
- Kittery Trading Post
  - Kittery 888-439-9036
- L.L.Bean Bike, Boat & Ski Store
  - Freeport 877-755-2326
- Mathieu’s Cycle & Fitness
  - Oakland 465-7564
- Farmingdale 582-0646
- Pat’s Bike Shop
  - Brewer 989-2900
- Portland Gear Hub
  - Portland 207-761-7632
- Rainbow Bicycle & Fitness
  - Lewiston 784-7576
- Rose Bike
  - Orono 800-656-3525
- Sidecountry Sports
  - Rockland 701-5100
- Slipping Gears Cycling
  - Bangor 307-7403
- Southwest Cycle
  - Southwest Harbor 244-5856
- Unity Bike Shop
  - Unity 948-4800
- Wildfire Human Powered Vehicles
  - Arundel 423-7360

**PARTNER ORGANIZATIONS**

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- Alliance for Biking and Walking
- Association of Pedestrian and Bicycle Professionals
- Bicycle Tour Network
- East Coast Greenway
- Eastern Trail
- Friends of Acadia
- League of American Bicyclists
- Maine Association of Nonprofits
- Maine Better Transportation Association
- Maine Public Health Association
- Maine Tourism Association
- Portland Trails
- Rails to Trails Conservancy

**MEMBER BUSINESSES**

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- L.L.Bean
  - Freeport 552-6038
- IDEXX
  - Westbrook (800) 548-6733

**Yellow Jersey Club PODIUM ($2,500+)**
- Maine Beer Company
  - Freeport 221-5711

**Yellow Jersey Club ($1,000+)**
- Bangor Savings Bank
  - Bangor (877) 226-4671
- The Dempsey Challenge
  - Lewiston 795-5546
- Green Clean Maine
  - Portland 221-6600
- Maine Bay Canvas
  - Portland 878-8888
- Nite Ize
  - Boulder, CO 800-678-6483

**Business Members ($250 - $999)**
- Alta Planning + Design
  - Portland, OR (888) 456-0470
- Atayne
  - Brunswick 888-456-0470
- Bay Wrap
  - Augusta 620-9727
- Body Symmetry
  - Brunswick 729-1122
- Cianbro
  - Pittsfield 487-3311
- Cloutier, Conley & Duffett PA
  - Portland 747-1752
- Dextrous Creative LLC
  - Portland 409-0459
- Downeast Bicycle Specialists
  - Fryeburg 935-4242
- John Dargis Associates
  - Bar Harbor 288-5659
- Kelly, Remmel & Zimmerman
  - Portland 775-1020
- Kettle Cove Enterprises
  - Cape Elizabeth 767-1754
- Little Dog Coffee Shop
  - Brunswick 721-9500
- New England Mobile Showers
  - Portland 200-8024
- Pine State Trading Company
  - Gardiner 800-873-3825
- Planet Bike
  - Madison, WI 608-256-8510
- Rand Dentistry
  - Brewer, 989-0819
- Summer Feet Maine Coast Cycling Adventures
  - Portland 232-9415
These bicycle shops give at the Yellow Jersey Club level ($1,000 annually). Please stop by and thank them for their generosity!

**Bar Harbor Bicycle Shop**
Seasonal Hours:
Seven Days A Week - 8:00am-6:00pm
141 Cottage Street | Bar Harbor | 207.288.3886
barharborbike.com

**CycleMania**
Seasonal Hours:
M-F 10:00am-6:00pm,
Sat.10:00am-5:00pm,
Sun. Closed
Now at 65 Cove Street | Portland
207.774.2933
cyclemania1.com

These businesses give at the Yellow Jersey Club level ($1,000 annually) or above. Please stop by and thank them for their generosity!

**L.L.Bean**
L.L.Bean
95 Main St. | Freeport | 207.552.6038
llbean.com

**Maine Beer Company**
Maine Beer Company
525 U.S. Hwy 1 | Freeport | 207.221.5711
mainebeercompany.com

**IDEXX**
IDEXX
1 Idexx Dr. | Westbrook | 800.548.6733
idexx.com

**Ransom Consulting, Inc.**
Ransom Consulting
400 Commercial St. | Portland | 207.772.2891
ransomenv.com

**Bangor Savings Bank**
Bangor Savings Bank
You matter more.
99 Franklin St. | Bangor
207.974.4163
bangor.com

**Dempsey Challenge**
29 Lowell Street, 5th floor | Lewiston
866.990.1499
dempseychallenge.org
Do you want to see your logo in the Maine Cyclist? Become a business member today and receive this and many other awesome benefits!

Contact Development Director Liz Hall at liz@bikemaine.org or 207.623.4511, or visit our website to learn more about business membership.

bikemaine.org/biz
The Bicycle Coalition of Maine is a member-supported non-profit organization. Your membership helps us achieve our mission! Please donate today.

The Coalition is looking forward to another great season of events. For the most up to date information, please visit our website: bikemaine.org

**Maine Women’s Ride**

**Sunday, June 12, 2016**
L.L. Bean Flagship Store’s Discovery Park
Freeport, ME
10, 25, 50 or 62-mile routes

Every woman, any bike, one ride.
The Maine Women’s Ride is a celebration of women and bicycling. The event offers a friendly, supportive atmosphere geared toward girls and women of all ages and abilities. The routes (ten, 25, 50 or 62 mile options) follow quiet roads offering beautiful views of the Maine coast and countryside.

[MAINEWOMENSRIIDE.COM](http://mainewomensride.com)

**Maine Lobster Ride**

**Sunday, July 24, 2016**
Camden Snow Bowl
Camden, ME
15, 30, 50, 80 or 100-mile routes

New Location for 2016!
The Maine Lobster Ride follows winding, country lanes and the breathtaking rockbound coast past lighthouses and lobster boats. The ride features five distance options, from a family-friendly 15 miles to a century that was recognized by Bicycling Magazine as one of the TOP TEN centuries in the country.

[MAINELOBSTERRIDE.COM](http://mainelobsterride.com)

**BikeMaine 2016**

**September 10-17, 2016**
Schoodic Institute/Winter Harbor, Jonesport, Machias, Eastport, Lubec, Milbridge
350 Miles / 55 Miles Daily

BikeMaine 2016 is SOLD OUT!
The ride is sold out, but we’re looking for volunteers to join us for the week! Experience spectacular, untouched natural beauty and specially curated daily routes that will be paired with authentic and intimate host communities, and of course, the freshest and tastiest food Maine has to offer.

[RIDE.BIKEMAINE.ORG](http://ride.bikemaine.org)

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